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## NEWS RELEASE

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### FOR IMMEDIATE RELEASE

### **NEW YORK CITY BALLET TO PRESENT DANCE WORKSHOP FOR CHILDREN WITH DISABILITIES AT GIDEON PUTNAM HOTEL IN SARATOGA SPRINGS**

Cohoes, NY – Artists from the [New York City Ballet](http://www.nycballet.com) (NYCB), will conduct a dance workshop for children with disabilities on Saturday July 21 from 11:00 am to Noon at the [Gideon Putnam Hotel](http://www.gideonputnam.com) in Saratoga Springs., Two NYCB Dancers, accompanied by a NYCB Musician, will lead children in a ballet-based warm-up and movement combinations inspired by a ballet from NYCB's repertory, concluding in a lively performance for accompanying family and friends. Following the event, families can enjoy some light refreshments and a photo and autograph opportunity with the NYCB artists.

NYCB is committed to offering audiences of all ages and abilities the opportunity to engage with their artists and to experience the art form of ballet. NYCB developed this program in 2014 after the mother of a young girl with cerebral palsy sent an email to the ballet company asking if they would consider presenting a workshop for kids with disabilities. Since then NYCB has conducted many workshops specifically for children with disabilities through this program in partnership with the Weinberg Family Cerebral Palsy Center at Columbia University. NYCB has continued to broaden its reach, partnering with several other medical and educational organizations in serving hundreds of children and adults with disabilities through their [Access Programs](http://www.nycballet.com/AccessPrograms).

About the dancers:

**Ashley Laracey** began her dance training at the age of five at the Carty Academy of Theater Dance in Bradenton, Florida. Ms. Laracey entered the School of American Ballet (SAB), the official school of New York City Ballet, in the fall of 2001. In 2003 she joined the Company as a member of the corps de ballet and was promoted to soloist in February 2013. Ms. Laracey appeared in the film *NY EXPORT: OPUS JAZZ*, which aired on PBS and won an Audience Award at the 2010 South by Southwest Film Festival. Please read more here <https://www.nycballet.com/Dancers/Dancers-Bios/Ashley-Laracey.aspx>

**Adrian Danchig-Waring** was born in San Francisco, California. He began his dance training at the age of 11 at Dance Theatre Seven with David Roxander. Mr. Danchig-Waring entered the School of American Ballet (SAB), the official school of New York City Ballet, in the fall of 2001. In October 2002 he became an apprentice with New York City Ballet, and in June 2003 he joined the Company as a member of the corps de ballet. In February of 2009 Mr. Danchig-Waring was promoted to soloist and became a principal in February 2013. Please read more here <https://www.nycballet.com/Dancers/Dancers-Bios/Adrian-Danchig-Waring.aspx>