

CP

SEVENTIETH
ANNIVERSARY

CONFERENCE PROGRAM BOOK

THE MOVEMENT, THE MISSION, THE MAGIC
CP OF NYS CELEBRATES 70 YEARS

2016 Annual Conference

October 17-19

The Hilton Albany Hotel

40 Lodge Street, Albany, NY

*Attendees will receive a Conference-At-A-Glance on-site with a brief description for each session.
Please print this document if you want a comprehensive overview of the program.*

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2016-2018

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MESSAGE FROM THE BOARD CHAIR, PRESIDENT & CEO, AND CONFERENCE CHAIR



STEPHEN C. LIPINSKI
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IDAJEAN WINDELL, Ed.D.
Conference Chair

Welcome to the 2016 Cerebral Palsy Associations of New York State Annual Conference, a celebration of our first 70 years!

The conference, *The Movement, The Mission, The Magic: CP of NYS Celebrates 70 Years*, honors our long and proud history of advocating with and providing support and services for, people with disabilities and their families. We have worked with our Affiliates, families and those we support to provide opportunities for people with disabilities to reach their full potential. Along with our Affiliates and their founding family members, we have refused to accept the status quo and have advocated for the resources needed to ensure all those we support can lead a good life.

We have learned that we are strong when we act together and our collective experience helps guide us today – events like this annual conference contribute to that communal strength, providing the knowledge and information to make us all effective advocates, mentors, and leaders in the disability movement. Over the three days, people from Affiliates, families, people with disabilities, and others are here to learn as they exchange information and ideas. We encourage you to attend as many sessions as you can, and take advantage of the numerous opportunities to meet with colleagues from across the state and learn what they are doing.

Please check the reader boards at the CP of NYS Conference registration desk, and the daily schedule posted elsewhere in the hotel, for changes and updates to the schedule. As always, we ask that you please tell us what you think of the sessions. This conference is a success largely because we listen to your comments and take them into consideration when planning future sessions.

Thank you for joining us as we celebrate our past and look to the future . . .

Welcome to Albany!

MONDAY, OCTOBER 17

REGISTRATION..... OPENS AT 8:00 A.M.

VISIONS OF NEW YORK ART DISPLAY – OPENS AT NOON.....HOTEL LOBBY

SPONSORED BY CEREBRAL PALSY OF NASSAU COUNTY

You will want to walk through the hotel lobby to view artwork created by people with disabilities representing CP of NYS Affiliates. We have again added a display of photographs created by program participants from across the state to this year's art exhibition.

10:30 a.m. to 12:00 p.m. – SPECIAL MORNING SESSION

CONFLICT FREE CASE MANAGEMENT HUDSON BALLROOM

JoAnn Lamphere, DrPH, Deputy Commissioner, Division of Person-Centered Supports, NYS OPWDD

Katherine Marlay, Assistant Director, Division of Person-Centered Supports, NYS OPWDD

Hear the latest information on the plans for New York's transition to conflict free case management. The key architects of the State's response will present the latest thinking in the process and provide insights that will help Affiliates make strategic plans regarding Medicaid Service Coordination and related issues.

[Intended Audience: Administrators/Directors, Medicaid Service Coordinators, Board Members, Consumers, Families, Managers, Emerging Leaders]

12:00 to 1:30 p.m. – KEYNOTE LUNCHEON



COMMISSIONER'S UPDATE GOVERNOR BALLROOM

Honorable Kerry A. Delaney, Acting Commissioner, NYS OPWDD

Acting Commissioner Delaney will provide an update on the State's progress on the Transformation activities, including highlights from the Transformation Panel and other plans for the future of people with disabilities.

[Intended Audience: General]

AWARD PRESENTATIONS

We will also be presenting the Elks Award to Kathleen Fletcher from the Freeport Baldwin Elks Lodge, and the *Visions of New York* art contest award to Mark Kearney from AccessCNY during the Keynote Luncheon.

AL FELMET ACHIEVEMENT AWARD WINNERS

Kevin Christman, CP of Nassau County

Jacqueline Rodriguez, Queens Centers for Progress

Richard Whaley, Center for Disability Services

ELK OF THE YEAR AWARD

Kathleen Fletcher, Freeport-Baldwin Elks Lodge #1253

VISIONS OF NEW YORK ART CONTEST WINNER

Mark Kearney, AccessCNY

MONDAY, OCTOBER 17

1:30 to 2:45 p.m. – CONCURRENT SESSIONS

Q & A WITH THE COMMISSIONER..... GOVERNOR E

Honorable Kerry A. Delaney, *Acting Commissioner, NYS OPWDD*

Helene DeSanto, *Acting Executive Deputy Commissioner, Commissioner, NYS OPWDD*

Kevin Valenchis, *Deputy Commissioner, NYS OPWDD*

Kate Marlay, *Deputy Director, NYS OPWDD*

Join us as we continue the discussion with Acting Commissioner Delaney in this informative question and answer session.

[Intended Audience: General]



IMPLEMENTING A LEARNING MANAGEMENT SYSTEM (LMS)

..... GOVERNOR C

Krista Bartlett, *Director of Staff Development & Acquisition, Upstate Cerebral Palsy*

Lori Kearsing, *Special Assistant to the President/CEO, Center for Disability Services*

Sharon Zysk, *Systems Management Specialist, CNYHHN, Inc.*



The Center for Disability Services, Upstate Cerebral Palsy and CNYHHN, Inc. will share their experiences with implementing Litmos, an on-line learning management system.

[Intended Audience: General, Corporate Compliance/QA, Educators, Human Resources, Managers]



INNOVATIONS IN RECRUITMENT & RETENTION: BUILDING A STRONGER WORKFORCE

GOVERNOR D

Margaret (Peg) Gould, *President/CEO, The VISIONS Center for Creative Management*

Bobbi Jo Yeager, *Vice President, Staff Development, UCP of NYC*

This session will explore innovations in recruitment and retention strategies, with an eye toward enhancing the appeal of our field as a long term career opportunity. We will discuss a variety of trends from attracting staff, developing a strong workforce, and factors to bolster retention. We will also focus on challenges emerging leaders will face in the next 5-10 years and how the system must respond if we are to remain viable as an industry.

The objectives of the session are to offer new and creative ideas that correspond to changes in the workplace and the transformation of our field. We will challenge participants by sharing examples and discussing simple ways to enhance approaches that appeal to a younger worker, and to support the development and retention of emerging leaders to foster density in your organization.

The session will be highly interactive and fun, engaging audience members in problem solving that promotes new ways of bolstering quality outcomes for individuals.

[Intended Audience: Administrators/Directors, Emerging Leaders, Human Resources, Managers]

MONDAY, OCTOBER 17

1:30 to 2:45 p.m. – CONCURRENT SESSIONS



TRANSITIONS TO INDEPENDENT LIVING.....ANTEROOM

Melissa D'Accordo, Ph.D., Curriculum and Training Specialist, CP of NYS Metro Services

Claire Greer, Consultant BIP Grant, CP of NYS Metro Services



Learn how CP of NYS Metro Services used their BIP Grant to develop and pilot a training program that has enabled individuals who want to live more independently to develop the necessary skill set to transition from a certified setting to a more independent setting with less supports. The importance of reorienting direct support professionals to their changing role will also be discussed. Success stories will be shared by graduates who completed the program and are now living on their own.

[Intended Audience: Consumers, Direct Support Professionals, Educators, Family Members, General, Medicaid Service Coordinators, Residential]



THE CP OF NYS SUPPLEMENTAL NEEDS TRUSTS.....STATE ROOM

J. David Seay, Esq., Executive Vice President & Chief Legal Officer, CP of NYS

This session will explain how the CP of NYS Community Trusts – pooled supplemental needs trusts - can be used to protect the assets and income of people with disabilities, so that they can retain their eligibility for Medicaid and other benefits. Family members will learn how to use the trusts in their estate planning so as to give them peace of mind about the future financial wellbeing of their loved ones.

[Intended Audience: Administrators/Directors, Board Members, Family Members, Finance]

BEVERAGE BREAK ~ 2:45 TO 3:15 P.M.

3:15 to 4:30 p.m. – CONCURRENT SESSIONS

FEDERAL UPDATE.....HUDSON BALLROOM

Kate McSweeney, Vice President, Government Affairs & General Counsel, ACCSES

SPONSORED BY JAWONIO INC

The presenter will give an overview of the latest updates from Washington, DC with up-to-the minute details of what's happening at the federal level and the impact on New York State.

[Intended Audience: General]

INNOVATIVE COMMUNITY LIVING OPTIONS.....GOVERNOR C

An Interactive Working Session facilitated by

Tom Gillespie, Chief of Administration, Residential Services, Center for Disability Services

Residential directors, staff and others exploring community living options that are in line with NYS' latest waiver goals should participate in this session highlighting what Affiliates are contemplating, have implemented or are in the process of developing. This will be an interactive discussion in which participants will be asked to share their ideas as well as participate in an identification of the ideas/activities that seem to hold the most promise for developing innovative community living options.

[Intended Audience: Residential]

MONDAY, OCTOBER 17

3:15 to 4:30 p.m. – CONCURRENT SESSIONS

VALUE BASED PAYMENTS..... KELSEY'S

Elizabeth Lynam, Consultant, KPMG

Jack Pitera, Fiscal Analyst, NYS Department of Health

John Ulberg, CFO for Medicaid & Director of Division of Finance & Rate Setting, NYS Department of Health

SPONSORED BY UPSTATE CEREBRAL PALSY

In this session, you will hear the latest on New York State's progress toward value based payments for Medicaid with special focus on the OPWDD work group's activity in this area, and you will also learn about the progress being made in the CRP value based payment pilot project.

[Intended Audience: Administrators/Directors, Board Members, Clinicians, Emerging Leaders, Finance, Managers]



IT NEEDS FOR CARE MANAGEMENT – THINKING ABOUT YOUR NEXT STEPS..... ANTEROOM

Bruce A. Brodsky, Director of Special Projects, Upstate Cerebral Palsy

Lori Kearsing, Special Assistant to the President/CEO, Center for Disability Services

Christine Lenney, Senior Director of Service Coordination, Center for Disability Services

Carleen Stewart, Vice President, Strategic Development, Upstate Cerebral Palsy

Elliott Wilson, Senior Director of Information Technologies, Center for Disability Services



A practical, interactive discussion with representatives of two agencies who have worked through the IT development aspects in preparation for care management.

[Intended Audience: Administrators/Directors, Clinicians, Emerging Leaders, Physicians]



THE NEW STANDARD ON NOT-FOR-PROFIT FINANCIAL REPORTING..... CAPITAL ROOM

Matthew Becker, Senior Manager, BDO USA, LLP

Jeremy Meisel, Senior Manager, BDO USA, LLP



On August 18, 2016, the Financial Accounting Standards Board (“FASB”) issued Accounting Standards Update (“ASU”) 2016-14 to improve the presentation of financial statements of not-for-profit entities such as charities, foundations, universities, and nonprofit health care providers, etc. This is the first major change to the nonprofit financial statement model in over 20 years, which is intended to provide more useful information to donors, grantors and other users. The ASU, intended to simplify and improve how a not-for-profit organization classifies its net assets, as well as the information it presents in financial statements and notes about its liquidity, financial performance, and cash flows, becomes effective for fiscal years beginning after December 15, 2017.

[Intended Audience: Administrators/Directors, Board Members, Emerging Leaders, Finance]

MONDAY, OCTOBER 17

3:15 to 4:30 p.m. – CONCURRENT SESSIONS

**EDUCATION NETWORKING – DISCUSSION OF PRESCHOOL
AND SCHOOL-AGE PROGRAM RE-APPROVAL STATE ROOM**

Judi Gerson, Vice President, Policy & Program Services, CP of NYS

This networking session will be a discussion on preschool and school-age program re-approval issues.
[Intended Audience: Educators]

CP OF NYS CELEBRATES 70 YEARS! ANNUAL RECEPTION & DINNER

RECEPTION – 5:00 P.M. – EAST/WEST GALLERY
ANNUAL BANQUET – 6:00 P.M. – GOVERNOR BALLROOM

Sponsored by The Irwin Siegel Agency, Inc.

*Congratulations to our
2016 Al Felmet Achievement Award Winners*

Kevin Christman, Cerebral Palsy of Nassau
Jacqueline Rodriguez, Queens Centers for Progress
Richard Whaley, Center for Disability Services



After dinner, join
J Yager & Bobbie V
for some music in the **SESSIONS BAR.**

Courtesy of the Hilton Albany Hotel

TUESDAY, OCTOBER 18

REGISTRATION..... OPENS AT 8:00 A.M.
BREAKFAST – 7:30 A.M..... GOVERNOR A/B
EXHIBITORS – 8:00 A.M. TO 4:00 P.M. EAST/WEST GALLERY
VISIONS OF NEW YORK ART DISPLAY.....HOTEL LOBBY

9:00 to 10:15 a.m. – CONCURRENT SESSIONS



TACKLING THE NEW FEDERAL SALARY EXEMPTION TEST

GOVERNOR C

Richard Landau, Attorney at Law, Jackson Lewis P.C.

SPONSORED BY CENTER FOR DISABILITY SERVICES

On December 1st the new FLSA salary requirement will double with significant ripple effects for employers. This session will cover the new requirements for compliance and strategies for adapting to them.

[Intended Audience: Administrators/Directors, Human Resources]

KEEPING PEOPLE HOME GOVERNOR D

Mary Beth Redmond, Vice President of Community Services, Upstate Cerebral Palsy

Keith Rico, Senior Behavior Analyst, The Center for Discovery

Rosemary Spriggs, Director of Special Projects, Upstate Cerebral Palsy

The use of smart technology to enhance independent living for people with intellectually and developmental disabilities is a new concept. Upstate Cerebral Palsy will share how they used their BIP Grant to identify technology and appliances to create a smart home that not only enhances safety and security, but is energy efficient, too.

The Center for Discovery will share how they used their BIP Grant to develop a program known as Assessment, Support, Education, and Training (ASSET). The ASSET program is an integrated and trans-disciplinary approach to in-home services. This presentation will focus on programmatic overview, case studies, and interesting findings that are important considerations for the treatment of individuals with ASD and other complex disabilities.

[Intended Audience: General, Consumers, Family Members, Medicaid Service Coordinators, Residential]



LEGAL RISKS ASSOCIATED WITH SUPPORTING PEOPLE WITH DISABILITIES GOVERNOR E

John F. McKeon, Esq., Senior Litigation Partner, Hardin, Kundla, McKeon & Poletto

SPONSORED BY QUEENS CENTERS FOR PROGRESS

There has been a proliferation of professional liability exposures to providers who support persons with developmental disabilities, mental illness and other individuals requiring social services. In addition to exploring aggressive pre-suit claim strategies to reduce risk, there will be a discussion on the unique challenges this industry faces due to self-reporting requirements, claim trends, lien issues and early resolution techniques.

[Intended Audience: Administrators/Directors, Corporate Compliance/QA, Emerging Leaders] CEU

TUESDAY, OCTOBER 18

9:00 to 10:15 a.m. – CONCURRENT SESSIONS



HCBS WAIVER UPDATE HUDSON BALLROOM A

JoAnn Lamphere, DrPH, Deputy Commissioner, Division of Person-Centered Supports, NYS OPWDD

Kate Marlay, Assistant Director, Division of Person-Centered Supports, NYS OPWDD

Many components of the latest New York State Waiver will be addressed to provide attendees with critical information about the goals and plans that the State and its providers must work toward and under in the future for waiver services.

[Intended Audience: Day Programs, Residential, Medicaid Service Coordinators]

ADVOCACY UPDATE CHAMBERS

Mary Ann Allen, Esq., Chief Executive Officer, Wildwood Programs

Barbara Crosier, Vice President, Government Relations, CP of NYS

Al Shibley, Vice President, Communications, CP of NYS

We all recognize effective advocacy starts with informed advocates – especially those receiving services and their families. The growing groundswell of grassroots family advocacy efforts, including the emergence of strengthening regional family groups that are now linking up, requires that we have a system to disseminate accurate and timely information to families across the state. In this session, you will hear the latest on the CP of NYS advocacy efforts including #bFair2Direct Care, New York Families for Disability Rights, and Inclusive Democracy in Action. All these activities are geared toward ensuring that people with disabilities, their friends, families, and the staff who offer the programs, supports and services are connected and empowered to advocate effectively. These activities have resulted in a renewed energy among Affiliates and you will hear how you can be sure that your organization participates fully in this effort to reverse negative trends in public policy.

[Intended Audience: Consumers, Family Members, Public Relations]



YOGA AND MINDFULNESS FOR FOCUS, FUN AND FUNCTION KELSEY'S

Allison Morgan, Director/Founder, Zensational Kids, LLC

SPONSORED BY CEREBRAL PALSY ASSOCIATION OF THE NORTH COUNTRY

Breath, movement and mindfulness activities provide early learners with life skills, which support their social-emotional, cognitive, sensory and physical development. Using our playful, time-tested techniques, you will learn how to help diverse learners build the internal muscles of self-regulation, focus and resilience. Research has proven that these are 3 essential skills for future academic success and happiness. In this experiential workshop, you will discover easy to implement tools that you will be able to immediately share with your early childhood students.

[Intended Audience: Clinicians, Early Childhood Professionals, Educators] CEU

TUESDAY, OCTOBER 18

9:00 to 10:15 a.m. – CONCURRENT SESSIONS

EMERGING LEADERS FORUM: THE AGE OF DISRUPTION – RESPONDING POSITIVELY TO A CHANGING MARKETPLACE.....ANTEROOM



Kate Gould, Vice President of Special Projects, The VISIONS Center for Creative Management
Margaret (Peg) Gould, President/CEO, The VISIONS Center for Creative Management

We are facing an array of trends, several of which will alter the direction of the field over the next 20 years. We are so busy getting through the day and dealing with current pressures, that we are missing significant opportunities and challenges that must also be addressed if we are to be successful in the future.

This session is designed for emerging leaders to discuss current changes in the marketplace and analyze how non-profit organizations can compete and remain viable. We will focus on everything from the changing demographics and expectations in the workforce, the effects of technology now and in the future, sustainability of the non-profit model, and the new “de-institutionalization” created by CMS’s new definition of community. We will also talk about how organizations must become more “responsive” to change, resulting in positive outcomes, not just react because there are no other choices. The session will challenge participants to think about how they, as emerging leaders, can support their agency’s mission in new ways. It will also share how other industries are addressing trends.

[Intended Audience: Administrators/Directors, Emerging Leaders, Managers]



RECOGNIZING A SILENT DANGER: PICA IN CHILDREN AND ADULTS DIAGNOSED WITH AUTISM.....EMPIRE ROOM

Patricia Tomanelli, Psychology Department Coordinator, Developmental Disabilities Institute

The Developmental Disabilities Institute (DDI) sees a high incident rate of PICA in adults and children diagnosed with autism. During this session, you will learn about techniques and strategies they have developed to not only track the behavior, but to replace or even avoid the behavior.

[Intended Audience: Clinicians, Consumers, Day Programs, Direct Support Professionals, Early Childhood Professionals, Education, Family Members, General, Physicians, Recreation, Residential] CEU

BEVERAGE BREAK ~ 10:15 TO 10:45 A.M.

10:45 a.m. to 12:00 p.m. – CONCURRENT SESSIONS



EMPLOYMENT RISKS IN THE NEW OPWDD WORLD GOVERNOR C

Richard Landau, Attorney, Jackson Lewis P.C.

SPONSORED BY CENTER FOR DISABILITY SERVICES

As OPWDD encourages agencies and service recipients to allow individuals greater control over their lives, determining who retains the employment risks associated with the services provided becomes more complicated. This session will help identify the legal issues arising from this transition and suggests strategies for agencies to mitigate their exposure.

[Intended Audience: Administrators/Directors, Human Resources, Managers]

TUESDAY, OCTOBER 18

10:45 a.m. to 12:00 p.m. – CONCURRENT SESSIONS

STATEN ISLAND PPS TELEMEDICINE GOVERNOR E

Joseph Conte, *Chief Executive Officer, Staten Island PPS*

Azimah Ehr, MD, MPH, *Chief Medical Officer, CP of NYS*

Matthew Kaufman, MD, *Station MD*

Telemedicine is one of the services organized by the SIPPS for its Nursing Home participants to improve care and reduce ER visits and hospitalization, which in turn reduces cost. A two month pilot project was conducted in an ICF and an IRA in an I/DD residential setting in Staten Island. The outcome was the reduction in ER visits by 70%. This is in line with studies and data that showed that 69% of ER visits by I/DD individuals are avoidable. CP of NYS is in the process of planning to roll out this Telemedicine service in the 5 boroughs of NYC. This session will discuss the project and provide a live demo of the telemedicine program.

[Intended Audience: Clinicians, Physicians] **CEU**

COORDINATED ASSESSMENT SYSTEM (CAS)... HUDSON BALLROOM A

Kate Bishop, *Director of Health & Community Supports, NYS OPWDD*

Diane Woodward, *Statewide Assessment Coordinator, NYS OPWDD*

The CAS will play a critical role in determining the level of supports and services people receive as well as – down the road – the level of reimbursement for those services and supports. This session will offer an update on the CAS, the progress New York State has made, and the planned implementation of this critical tool.

[Intended Audience: Administrators/Directors, Board Members, Corporate Compliance/QA, Family Members, Finance, Managers]

FINANCE PERFORMANCE MEASURES CHAMBERS

Thomas Hamel, *Vice President, Financial Management & Support, CP of NYS*

James Moran, *Consultant, CP of NYS*

This session will look at financial ratios and other measures of an organization's financial health that may indicate risks to financial stability.

[Intended Audience: Finance]



YOGA AND MINDFULNESS FOR THE CLASSROOM KELSEY'S

Allison Morgan, *Director / Founder, Zensational Kids, LLC*

SPONSORED BY THE CENTER FOR DISCOVERY

Diverse learners often experience a tremendous amount of stress and anxiety on a daily basis. This state of sympathetic nervous system over-drive, negatively impacts self-regulation, sensory processing and the development of social and emotional competencies. Evidence-based yoga and mindfulness practices have been proven to effectively improve executive functioning and balance the nervous system, preparing students to learn with greater ease. Discover simple and easily adaptable, breath, movement and mindfulness activities for school aged children. Learn how to infuse these tools throughout the day as short breaks, helping all learners to develop inner resources of behavior management, focused attention and balanced energy.

[Intended Audience: Educators, Clinicians] **CEU**

TUESDAY, OCTOBER 18

10:45 a.m. to 12:00 p.m. – CONCURRENT SESSIONS



PLANNED GIVING ANTEROOM

Charles Evdos, *Development Director, CP Nassau*

Facilitated by Perri LoPinto, *Director of Donor & Government Relations, Franziska Racker Centers*

This session will cover the basics of a solid planned giving program for your organization. You will learn some basics of what you need to get started. You will see elements of a mature and successful program and also learn how to adapt and implement some of them in your agency. The discussion will also cover how to begin, and move along, the conversation with prospective donors.

[Intended Audience: Administrators/Directors, Public Relations]

LUNCH – 12:00 TO 1:30 P.M. GOVERNOR BALLROOM

CHAIR MASSAGES!

12:00 TO 4:00 PM.....GALLERY

Take time for yourself . . . De-stress . . . Relax!!!!

The Conference Staff welcomes you to the 2016 Annual Conference. The Conference Staff would also like to thank the following individuals who assisted us in planning the programs.

Diane Baehre, Empower
Cora Baliff, CP of NYS Board of Directors
Carole Berg, Able 2
Jacqueline Conley, UCP of NYC
Jennifer Cornish, Able 2
Pattye Craig, Center for Disability Services
Josie Davide, Queens Centers for Progress
Eric DesSoye, Empower
Cristine Donovan, Franziska Racker Centers
Laura Gawel, Aspire of WNY
Tom Gillespie, Center for Disability Services
Maureen Goshea, CP of Ulster County
Helen Hanes, Aspire of WNY
John Kelly, Hudson Valley CP Association

Crystal D. King, CP of NYS Metro Services
Janine Klein, UCP of Long Island
Rosemary Lorello, Center for Disability Services
Theresa Manuel, CP of NYS Metro Services
Mariette McBride, UCP of NYC
Terrie Meyn, Happiness House/CP Rochester
Ellen Naidus, CP of Nassau County
Stephanie Russo, CP of Westchester
Barbara Scherr, CP of NYS Board of Directors
Cheryl Smith, HCA of Southern NY
Maria Torgalski, Aspire of WNY
Tina Weisman, CP of Westchester
Ed Weiss, Queens Centers for Progress
Sarah Zammiello, Upstate Cerebral Palsy

A *Special Thanks* to all the staff of the Affiliate Services Office who so ably assisted in the varied Conference tasks. If you need assistance or have any questions, please stop by the CP of NYS Registration Desk area.

TUESDAY, OCTOBER 18

1:30 to 3:00 p.m. – CONCURRENT SESSIONS



CRISIS COMMUNICATION PLANNING: A NECESSARY STRESS REDUCTION ACTIVITY GOVERNOR E

Sean Casey, Partner, Director of Public Affairs, Eric Mower & Associates
Matthew Maguire, Senior Counselor, Public Affairs, Eric Mower & Associates



This session will discuss planning for a day-to-day crisis that could garner bad press. You will also hear how to plan for specific issues that may arise regarding the Justice Center and staffing shortage issues. Attendees will gain insight on preparing a strategy to handle common problems, but also how to handle the unexpected as well. This session will help executive directors and public relations professionals review and update their crisis communications plans.

[Intended Audience: Administrators/Directors, Board Members, Public Relations]



EXPLORING THE COMMUNITY – STANDING OUTSIDE THE FIRE GOVERNOR C

Jill Westring, Quality Enhancement Specialist, CQL | The Council on Quality & Leadership

SPONSORED BY ASPIRE OF WNY & EMPOWER

Exploring the community is more than a trip into town to go to the mall or to the library. After all, if you go “into” the community, you must at some point “leave.” Discussion will center on Individualization, Independence, Integration, Inter-dependence and Inclusion in life and community. Participants will learn the difference between physical integration, social inclusion, and social roles.

[Intended Audience: General, Consumers, Day Programs, Direct Support Professionals, Family Members, Managers, Medicaid Service Coordinators, Residential]



EMPLOYMENT, PRE-EMPLOYMENT AND DAY SERVICES FORUM HUDSON BALLROOM A

Rachel Pollock, Senior Program Advisor/General Counsel, Job Path

Facilitated by Laura Gawel, Vice President, Day & Transition Services, Aspire of WNY

The world of Employment Pre-Employment and Day Services is undergoing and has undergone the most radical transformation in the past 40 years. This session will explore the techniques that agencies are using successfully to better support people in their successes that can be replicated, as well as some of the challenges that they are still trying to make into successes.

[Intended Audience: Day Programs/Employment]

ARTICLE 28/16 CLINIC ISSUES CHAMBERS

Janet Baggetta, Chief Health Care Fiscal Agent, Bureau of Acute & Managed Care Rate-Setting, NYS Department of Health

Donna Cater, Deputy Director, Division of Finance & Rate Setting, NYS Department of Health

This will be an interactive session with the Department of Health to discuss issues and concerns with the Article 28 and Article 16 clinics.

[Intended Audience: Clinicians, Finance]

TUESDAY, OCTOBER 18

1:30 to 3:00 p.m. – CONCURRENT SESSIONS



TRANSFORMATIVE ACTION RESEARCH FOR RECOMMENDED EARLY INTERVENTION PRACTICES IN CENTRAL NEW YORK

..... ANTEROOM

Patrice Hallock, *Professor of Education, Utica College*



Victoria Nackley, *Professor of Practice in Occupational Therapy, Utica College*

Nancy Seller, *Senior Vice President, Education Services, Upstate Cerebral Palsy*

SPONSORED BY UPSTATE CEREBRAL PALSY

This presentation will discuss the process of transformative action research undertaken by Upstate Cerebral Palsy early childhood education leaders and Utica College faculty to identify cross-disciplinary best practice and the state of current practice in the CNY area. Present findings from this research relative to current provision of early intervention services in the field and the recommendations that followed will be presented. These recommendations will be used to transform practice at the provider level as well as to inform advocacy efforts.

[Intended Audience: Clinicians, Early Childhood Professionals] CEU



WRAPAROUND COMMUNITY SERVICES KELSEY'S

Gerard Dohrenwend, *Chief Executive Officer, Cerebral Palsy of Ulster County*

Mark Kluger, *Director of Wraparound Community Services, Cerebral Palsy of Nassau*

Marcel Martino, *Chief Executive Officer, Inspire*

Penny Lynn Pagliaro, *Director of Hudson Valley WCS Services, Cerebral Palsy of Ulster County*



Wraparound Community Services (WCS) offers persons with disabilities and their caretaker's routine and intensive community based services dedicated to preventing the need for residential care, or serving as an alternative for individuals living in residential care who wish to live in individualized community settings. WCS services are comprised of three programs: Supportive Home Services (SHS), Shared Living Services (SLS) and Family Care (SDFC). Each of these programs offer services varying in their intensity based on the individual needs of the person referred. While all three programs will have their own dedicated teams, the staffing model and training for the staff in each of these programs is fully integrated. This allows the WCS Program Director who oversees each of the programs to have the option of deploying professionals from one of the programs to another should there be a need for a particular expertise or service.



WCS was designed using CMS and OPWDD community based service and fiscal methodologies satisfying the community based services goals detailed in the OPWDD Transformation Agenda.

We will discuss the development of WCS, experience providing the services to date and plans for a statewide roll out later in the year.

[Intended Audience: Administrators/Directors, General, Managers, Medicaid Service Coordinators, Residential]



BEVERAGE BREAK ~ 3:00 TO 3:30 P.M.

TUESDAY, OCTOBER 18

3:30 to 4:30 p.m. – CONCURRENT SESSIONS



DIGNITY OF RISK GOVERNOR C

Jill Westring, *Quality Enhancement Specialist, CQL | The Council on Quality & Leadership*

SPONSORED BY ABLE2

Exercising rights and personal freedoms are a natural part of our daily lives. Although limitations may occur as a result of laws, community or group norms or the needs of other people, we are entitled to have these limitations removed. This session will explore how we can assist individuals with meeting their personal goals and desires captured during the POMS interview while balancing risk by providing education to make informed, knowledge-based decisions and building safety nets to support those decisions.

[Intended Audience: General, Day Programs, Managers, Medicaid Service Coordinators, Residential]

HCBS SETTINGS UPDATE HUDSON BALLROOM A

Maryellen Moeser, *Director, Office of Home & Community Living/Division of Person Centered Supports, NYS OPWDD*

Barbara VanVechten, *Director, Continuous Quality Improvement/Division of Quality Improvement, NYS OPWDD*

This session will provide updates on OPWDD's Home and Community Based Settings (HCBS) Transition Plan with particular focus on OPWDD's plan for Heightened Scrutiny. Specific focus areas will include:

- Status of NYS's Transition Plan and OPWDD specific components;
- Heightened Scrutiny criteria, process, timeline and requirements for providers with heightened scrutiny settings;
- The OPWDD Division of Quality Improvement (DQI) survey process; and
- Questions and Answers.

[Intended Audience: Administrators/Directors, Corporate Compliance/QA, Managers]

DSP BEST PRACTICES PANEL CHAMBERS

Tara De-Lane, *Direct Support Professional, Queens Centers for Progress*

Yvette Gonzalez, *Direct Support Professional, CP of NYS Metro Services*

Chemeak Hinton, *Direct Support Professional, CP of Ulster County*

Patricia Moreno, *Direct Support Professional, CP of NYS Metro Services*

Bobbi Pylkas, *Direct Support Professional, Able2*

Attendees will learn from some of our Affiliates' most experienced front-line staff in an interactive discussion. Hear anecdotes, stories and lessons learned from Direct Support Professionals with years of experience working with people with various disabilities. This is an opportunity for DSP award winners to present what attracted them to the field, has retained their interest and the stories of the people who they have been most affected by since working in this field.

[Intended Audience: Direct Support Professionals, Human Resources, Public Relations]

HOW TO PLAN FOR A SPECIAL EDUCATION AUDIT KELSEY'S

Patti Cunningham, *Executive Vice President/CFO, CP Rochester/Happiness House*

Geno DeCondo, *Executive Vice President, Upstate Cerebral Palsy*

Gregory Sorrentino, *Chief Operating Officer/CFO, Center for Disability Services*

In this session, Affiliate representatives will give tips on how to plan for a Special Education Audit and highlight the commonalities, and also the inconsistencies, encountered from audit to audit.

[Intended Audience: Educators, Finance]

TUESDAY, OCTOBER 18

3:30 to 4:30 p.m. – CONCURRENT SESSIONS



AN NDT APPROACH TO HANDLING AND FACILITATION TECHNIQUES FOR OPTIMIZING FUNCTION ANTEROOM

Tina Weisman, *Assistant Clinical Supervisor, Cerebral Palsy of Westchester*

NDT is a holistic approach to assessing and treating the child with cerebral palsy. This approach analyzes the child's primary sensori-motor function, along with perceptual-motor, cognition and emotional development needed for skill acquisition and task completion. Handling and facilitation techniques are based on NDT principles that facilitate and/or inhibit the child's primary movement components needed for function. This lecture will provide a hands-on facilitation lab emphasizing the therapist's touch, hand placement as well as guiding and following the child's response during functional tasks.

[Intended Audience: Clinicians, Physicians] CEU

MOVING TOWARD EMPLOYMENT AND COMMUNITY ENGAGEMENT: OPWDD PATHWAY TO EMPLOYMENT, EMPLOYMENT TRAINING PROGRAM AND COMMUNITY PRE-VOC STATE ROOM

Lynne Thibdeau, *Assistant Director, Employment & Meaningful Activities, NYS OPWDD*

This will be a presentation and discussion of the tools and services available to CP of NYS Affiliates to assist the individuals they serve increase community engagement and employment opportunities. It will include a description of allowable services, examples of providers that have utilized these services, Pathway and ETP successes and allow for questions and answers.

[Intended Audience: Administrators/Directors, Day Program, Early Childhood Professionals, Educators]

PRESIDENT'S RECEPTION & STAFF RECOGNITION DINNER

RECEPTION – 5:00 p.m. – Gallery

STAFF RECOGNITION DINNER – 6:00 p.m. – Governor Ballroom

Join us in **KELSEY'S**
for some music at the end of the evening with...

the audiostreams

Courtesy of the Hilton Albany Hotel

WEDNESDAY, OCTOBER 19

CLOSING PLENARY SESSION

BREAKFAST – 8:00 A.M. GALLERY
SESSION – 9:00 TO 10:00 A.M. GOVERNOR BALLROOM

WELLNESS, FITNESS, COMPETITION AND MORE!

..... GOVERNOR BALLROOM

Maria Hernandez, *Outdoor Recreation Program Assistant, Cerebral Palsy Association of the North Country*

Mary C. Hodge, *Head Coach, Nassau Thunderbolts, Cerebral Palsy of Nassau*

Nicole Kinney, *Chief of Clinical Services, The Center for Discovery*

Alyce Sherwood, *Chief of Residential Programs, The Center for Discovery*

James Williams, *Home Service Director, Cerebral Palsy Association of the North Country*

Brian Zacarias, *Athlete, Nassau Thunderbolts, Cerebral Palsy of Nassau*

Join us for a Wednesday breakfast session as several of our Affiliates highlight programs designed to improve the overall physical, mental and emotional health of people with disabilities. From innovative physical training programs for people with autism, to outdoor recreation, to competitive sports you will see how a specific plan to help program participants make better choices, be more active and enjoy the benefits of a healthy lifestyle can have positive effects on all aspects of a person's life.

[Intended Audience: General]

ELECTRONIC CONFERENCE JOURNAL

AVAILABLE ONLINE

WWW.CPOFNYS.ORG

Once again CP of NYS has produced a Conference Journal to highlight the sponsors and supporters of our Annual Conference. This year we are again producing an electronic version of the publication which will be available on our 2016 Conference web page at www.cpofnys.org. Many thanks to our sponsors!!

CONTINUING EDUCATION UNITS (CEU)

CP of NYS is collaborating with Hudson Valley Community College (HVCC) for the co-sponsorship of selected workshops to assist Conference participants who have CEU requirements for their state licensure and/or national certification. Workshops co-sponsored by HVCC and eligible for CEUs are indicated with CEU in this Program Book. Conference participants who would like to earn CEU credits will be required to pay a one-time fee of \$15 at the CP of NYS Registration Desk when checking in at the Conference. Please be sure to also sign in at each individual workshop session offering CEUs.

- ❖ ***Legal Risks Associated with Supporting People with Disabilities***, presented by John F. McKeon– Tuesday, October 18, 9:00 – 10:15 am
- ❖ ***Yoga and Mindfulness for Focus, Fun and Function***, presented by Allison Morgan – Tuesday, October 18, 9:00 – 10:15 am
- ❖ ***Recognizing a Silent Danger: PICA in Children and Adults Diagnosed with Autism***, presented by Patricia Tomanelli – Tuesday, October 18, 9:00 – 10:15 am
- ❖ ***Staten Island PPS Telemedicine***, presented by Joseph Conte, Azimah Ehr, MD, MPH & Matthew Kaufman, MD – Tuesday, October 18, 10:45 am – 12:00 pm
- ❖ ***Yoga and Mindfulness for the Classroom***, presented by Allison Morgan – Tuesday, October 18, 10:45 am – 12:00 pm
- ❖ ***Transformative Action Research for Recommended Early Intervention Practices in Central New York***, presented by Patrice Hallock, Victoria Nackley & Nancy Seller – Tuesday, October 18, 1:30–3:00 pm
- ❖ ***An NDT Approach to Handling and Facilitation Techniques for Optimizing Function***, presented by Tina Weisman – Tuesday, October 18, 3:30 – 4:30 pm

EVALUATIONS ARE IMPORTANT TO US!

Thanks to each of you who took the time to fill out evaluation forms last year. Your responses helped in the planning of this year's Conference. Please remember to complete your evaluations again this year. In addition to the session evaluations you receive during the Conference, we ask that you complete an Overall Conference Evaluation online to let us know about your time here. Go to the following link to take this quick, anonymous evaluation. **Thank you!**

<https://www.surveymonkey.com/r/2016CPNYS>

EXHIBITORS

CP of NYS would like to thank the 2016 Exhibitors for their enthusiastic support.
Please take the time to visit each booth on Tuesday.

ABOUT DEWAN & HANNA CO., INC.

901 Erie Avenue, North Tonawanda, NY 14120 – (716) 743-0388 – Attn: Judith Hanna

BDO USA, LLP

100 Park Avenue, New York, NY 10017 – (212) 885-7403 – Attn: Matthew Becker

NYS ELKS

22 Lilac Lane, Oswego, NY 13126 – (315) 216-4902 – Attn: Jan Pashley

EVERO CORPORATION

48 S. Service Road, Melville, NY 11747 – (516) 750-4485 – Attn: Casey Fallon

FOCUSED WEALTH MANAGEMENT

216 Route 299, Highland, NY 12528 – (845) 691-4035 – Attn: Philip DeAngelo

FOOTHOLD TECHNOLOGY

36 E. 12th Street, 5th Floor, New York, NY 10003 – (212) 780-1450 – Attn: Sarah Morrison

IRWIN SIEGEL AGENCY, INC.

25 Lake Louise Marie Road – (800) 622-8272 – Attn: Argelia Morales

LIFEVAC

149-09 183rd Street, Springfield Gardens, NY 11413 – (631) 553-7090 – Attn: Donna Yeisley

PRECISIONCARE SOFTWARE

243 Main Street, Suite 270, New Paltz, NY 12561 – (845) 255-6097, Ext. 214 – Attn: Jacquie Mastropietro

RIFTON

2032 Route 213, Rifton, NY 12471 – (845) 658-7700 – Attn: Deborah Keiderling

SEFCU INSURANCE AGENCY

469 State Street, Schenectady, NY 12305 – (518) 786-9905 – Attn: Michael Hutcherson/Julie Fancher

SIMPLYTHICK, LLC

6506 Donlen Drive, Ellicottville, NY 14731 – (716) 9122275 – Attn: Douglas Duguay

SUREHANDS LIFT & CARE SYSTEM

982 County Route 1, Pine Island, NY 10969 – (845) 258-6500 – Attn: Joyce Moraczewski

THE ROOT FARM

2860 King Road, Sauquoit, NY 13456 – (315) 725-1152 – Attn: Jeremy Earl

THERAP SERVICES, LLC

562 Watertown Avenue, Suite 3, Waterbury, CT 06708 – (518) 491-0960 – Attn: Karen Niedermeier

VIRTUAL OFFICEWARE HEALTHCARE SOLUTIONS

Park West Two, 2000 Cliff Mine Rd., Ste. 510, Pittsburgh, PA 15275 – (412) 424-2260 – Attn: Nancy Gaughan

CEREBRAL PALSY ASSOCIATIONS OF NYS

AFFILIATES

Able2

P.O. Box 1554
Elmira, NY 14902
(607) 734-7107

AccessCNY

1603 Court Street
Syracuse, NY 13208
(315) 455-7591

Aspire of WNY

2356 North Forest Road
Getzville, NY 14068
(716) 505-5500

Center for Disability Services

314 South Manning Boulevard
Albany, NY 12208
(518) 437-5700

CP of Nassau County

380 Washington Avenue
Roosevelt, NY 11575
(516) 378-2000

CP of the North Country

4 Commerce Lane
Canton, NY 13617
(315) 386-1156

Cerebral Palsy of Ulster County

P.O. Box 1488
Kingston, NY 12402
(845) 336-7235

Cerebral Palsy of Westchester

1186 King Street
Rye Brook, NY 10573
(914) 937-3800

CP Rochester

3399 Winton Road South
Rochester, NY 14623
(585) 334-6000

E. John Gavras Center

182 North Street
Auburn, NY 13021
(315) 255-2746

Empower

9812 Lockport Road
Niagara Falls, NY 14304
(716) 297-0798

Franziska Racker Centers, Inc.

3226 Wilkins Road
Ithaca, NY 14850
(607) 272-5891

HCA

18 Broad Street
Johnson City, NY 13790
(607) 798-7117

Happiness House

731 Pre-Emption Road
Geneva, NY 14456
(315) 789-6828

Hudson Valley Cerebral Palsy Association

40 Jon Barrett Road
Patterson, NY 12563
(845) 878-9078

Inspire

2 Fletcher Street
Goshen, NY 10924
(845) 294-8806

Jawonio Inc

260 North Little Tor Road
New City, NY 10956
(845) 708-2000

Prospect Center of the Center for Disability Services

133 Aviation Road
Queensbury, NY 12804
(518) 798-0170

Queens Centers for Progress

81-15 164th Street
Jamaica, NY 11432
(718) 380-3000

The Center for Discovery

Box 840, Benmosche Road
Harris, NY 12742
(845) 794-1400

UCP of NYC

80 Maiden Lane, 8th Floor
New York, NY 10038-4811
(212) 683-6700

UCP of Long Island

250 Marcus Boulevard
Hauppauge, NY 11788-2018
(631) 232-0011

Upstate Cerebral Palsy

1020 Mary Street
Utica, NY 13501
(315) 724-6907



Central Office and Metro Services

Cerebral Palsy Assns. of NYS
330 West 34th Street
New York, NY 10001
(212) 947-5770

Affiliate Services Office

Cerebral Palsy Assns. of NYS
3 Cedar Street Extension, Suite 2
Cohoes, NY 12047
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