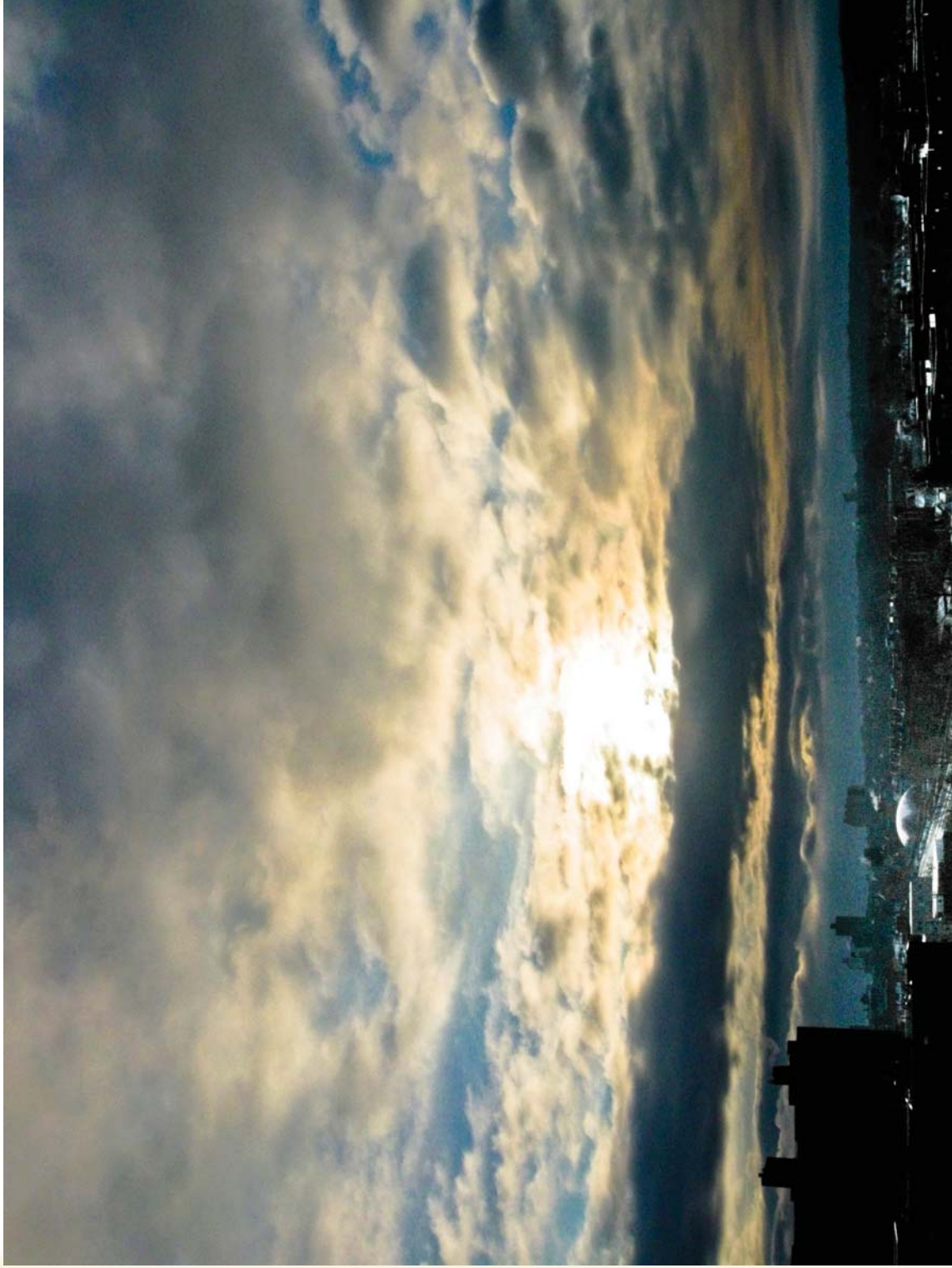


CEREBRAL PALSY ASSOCIATIONS OF NYS 2009-2010 ANNUAL REPORT



MISSION STATEMENT

The mission of Cerebral Palsy Associations of New York State is to advocate and provide direct services with and for individuals with cerebral palsy and other significant disabilities, and their families, throughout New York State in order to promote lifelong opportunities and choices for independence, inclusion and enhanced quality of life.



*Members of the Life Options
Program at UCP Nassau accept the
2009 Program Innovation Award
from CP of NYS Board member
Robert DiFrancesco at Annual
Awards Banquet*

The pictures on the front and back covers are original photographs by David Horsham (CP of NYS).

2008-2010

BOARD OF DIRECTORS

Board Chair Idajean Windell, Ed.D.

Board Vice Chair..... Jack M. Weinstein, Esq.

Committee Chairs

Audit & Risk..... John R. Horvath

Finance Robert C. Miller, Esq.

Program Services Ann B. LeMark

Public Policy Thomas J. Caserta, Jr., Esq.

Volunteer Support Barbara N. Scherr

Secretary Cora Baliff

Directors at Large..... Joseph P. Dutkowsky, M.D.

David Eichenauer

Andrew C. Koenig, CPA

Stephen C. Lipinski

James E. Peace

Marvin S. Reed

Ernest E. Southworth

Active Past Chairs Robert M. DiFrancesco

James E. Johansen

Natalie K. Rogers

Director Emeritus..... Beatrice S. Wellens

Executive Staff

President & CEO Susan Constantino

Executive Vice President, CAO/CFO Thomas Mandelkow

Executive Vice President, COO Joseph M. Pancari

Executive Vice President, Affiliate Services.....Michael Alvaro

Executive Vice President, Development & Quality Management..... Duane R. Schielke

General Counsel..... J. David Seay, Esq.

Assistant to the President..... Heidi McManus

When we travel throughout New York State, visiting our many wonderful Affiliates, we often reflect on the Affiliates' long histories and the collective efforts of all the people who have contributed to their success as they assist people with disabilities lead quality lives. We have a rich history of families whose advocacy has turned the service system around, fighting for deinstitutionalization, community integration and individualized supports and services for their children. And over the past 60 plus years all the supports that families needed, starting with Early Intervention and moving through education, adult services and family supports, grew as the need dictated. But in the past year we have seen reductions, little growth, and an overall fear of the future.

It was apparent this past year that, as federal and State budget problems increased, services for people with disabilities were not seen as critical when priorities were set for the use of limited dollars. CP of NYS worked diligently to advocate for policy changes and reimbursement levels that would continue to allow people with disabilities to lead productive and independent lives. We continue to be committed to not allowing all the amazing progress toward truly integrated communities be diminished in this period of economic downturn.

CP of NYS, in collaboration with other statewide associations, developed a strategic initiative that had two phases. The first, a vigil at the State Capitol Building, where individuals with disabilities and staff from the agencies that support them sat and waited for the Governor, his staff and legislators to pass by so they could discuss proposed budget cuts. The second initiative, Inclusive Democracy In Action, brought people with disabilities to Albany on a regular basis to explain to our elected officials how the threats to funding would impact their lives. We have had tremendous success with this program and both legislators and participants have commented favorably about the process, with most participants finding that their voices can be heard and that by taking part in the advocacy process they can have an impact on public policy. We will expand this program in the year ahead as we anticipate even greater pressure to cut spending for programs and services that support people with disabilities.

The CP Affiliates continue to develop strategies to weather these difficult fiscal times. For the second year in a row, they are challenging themselves to find further efficiencies in their operations without impacting the supports they provide to people with disabilities. They continue to: share their successes in how they motivate staff; collaborate for savings; and develop stronger business practices including restructuring programs that will either receive a cut in funding or no growth in their base rates. We are so very proud of our Affiliates as they continue to be strong, vibrant leaders in their communities.



Idajeane Windell, Ed.D.
Board Chair

And despite the gloomy economic realities of today and an even worse forecast for the next two years, we all have once again leaned on the greatest strength we have – the committed and dedicated staff which help us fulfill our mission every single day. Our programs have continued to derive their energy from a workforce that understands the larger economic difficulties we face and have continued their personal commitment to the people we support. The direct support professionals as well as every other staff in all our agencies, should take the time to appreciate the truly unique nature of the work they do and the extraordinary job that is done day in and day out in every Affiliate across the state. Collectively, CP of NYS and our 24 Affiliates provide supports and services to approximately 90,000 people with disabilities and their families through the hard work and dedication of more than 17,000 staff.



Susan Constantino
President & CEO

Metro Services staff have worked tirelessly to develop new systems that will assist us in being more efficient and save money! Through their diligent effort we have reduced overtime, practically eliminated vacancies, coordinated our medical visits and overall improved the life choices for the people we support. We are moving forward on converting our Article 28 clinics throughout New York City into a new corporation that will become Federally Qualified Health Centers. And our new day and clinic site at 1880 Boston Road, in the Bronx, has begun to take shape and soon will become a reality.

Dr. Martin Luther King observed that “We must accept finite disappointment, but we must never lose infinite hope.” When you look back at the success we have achieved and consider the “disappointments” that have taken place in this economy, we need to be reinvigorated by the hope for the future. For we know that by the collective efforts of people with disabilities, their families, staff and others who are committed to our mission, we will prevail.

CP of NYS, both in the programs we offer as well as the advocacy we provide our Affiliates, has high hopes for the year ahead. We look back at the many achievements outlined in this report with a sense of accomplishment, but also with a clear understanding that nothing in the future is certain. Together with our Affiliates, we look forward to getting beyond the disappointments that may still lie ahead and we stay committed to our mission and goals.

Adajean Windell
Adajean Windell, Ed.D.
Board Chair

Susan Constantino
Susan Constantino
President & CEO

Legislative activities and advocacy were intense throughout the 2009-2010 year. The advocacy activities began in August 2009 with the OPWDD trend hearings and continued throughout the fall with the Statewide Trend Campaign and the November Deficit Reduction Act Capitol Vigil. Winter 2010 had the January 7 Statewide Family Advocacy Day. Spring had the March 1 Albany Lobby Day and *Inclusive Democracy In Action* began in March and continued into June.

All of these advocacy activities were in response to what has been called the worst recession and fiscal crisis since the Great Depression and was part of the ongoing effort by all of the statewide associations to make legislators aware of and secure their support for funding and services for people with disabilities and their families.

This ongoing advocacy campaign has been very successful in educating the Legislature and the Governor's staff on programs and services for people with disabilities as well as their critical importance in the lives of consumers, family members and staff. In addition, *Inclusive Democracy In Action* was successful in involving people with disabilities and staff directly in the democratic process and in putting a face on the importance of services for people with disabilities.

Following are the major advocacy activities.



OPWDD TREND HEARINGS

The New York State Office for People With Developmental Disabilities (OPWDD) held a series of three public hearings on the 0% trend factor for the 2009-2010 state fiscal year. All the hearings were well attended with between 35 and 75 speakers at each. Testimony was presented by self-advocates, parents, family members, executive directors, direct care staff and other interested people. CP of NYS staff testified at the Capital District DDSO hearing and along with other presenters, made the point that OPWDD not-for-profit agencies serve very vulnerable individuals and could not withstand a second year of a 0% trend.

OCTOBER 2009 STATEWIDE TREND CAMPAIGN

CP of NYS, in collaboration with other statewide and regional provider and advocacy associations, participated in a joint campaign to convince Governor Paterson to include a trend factor and additional funding for development in the OPWDD portion of his Executive Budget proposal for 2010-2011. The advocacy campaign utilized letters, phone calls and e-mails to the Governor from consumers, family members, board members and staff. The campaign was successful as the 2010-2011 Executive Budget proposed in January included a trend factor for the 2010-2011 state fiscal year, a retroactive trend for the 2009-2010 state fiscal year. Additional funding for development was also added.

NOVEMBER DEFICIT REDUCTION PLAN & CAPITOL VIGIL

Due to the state's poor fiscal outlook and a projected deficit, Governor Paterson proposed a Deficit Reduction Plan in November 2009 that included \$160 million in cuts to OPWDD-funded voluntary services. CP of NYS joined with the other associations to hold a daily vigil outside the Governor's Capitol office to bring attention to the critical importance of services for people with developmental disabilities and their families.

After a month of daily vigils, letters, phone calls, hearings and rallies by consumers, staff and family members from across the state, the Legislature passed a Deficit Reduction Plan (S.66022/A.40022), which cut OPWDD Medicaid programs by 5% and non-Medicaid programs by 10%. The final bill included \$37 million in cuts to OPWDD-funded voluntary services, compared to the Governor's originally proposed \$160 million reduction. Fortunately, OPWDD was able to work with voluntary providers to mitigate the impact of these cuts by reducing as little of Medicaid as possible.



JANUARY 7TH FAMILY ADVOCACY DAY

On January 7, 2010, CP of NYS Affiliates joined their colleague associations to urge the Legislature to protect people with disabilities. From Brooklyn to Batavia and Malone to Montauk, family members, staff and self-advocates met with their state representatives in an attempt to convince state leaders not to cut any more funds from OPWDD. Family Advocacy Day had a simple message for legislators: Please protect the systems and services in place for people with developmental disabilities. Most Affiliates felt that the day was very successful.

MARCH 1ST JOINT ALBANY LOBBY DAY

Once again, CP of NYS joined with NY-SARC, Inc. and The Alliance of Long Island Agencies (ALIA) to hold a joint Albany Lobby Day on March 1. This year there were almost 150 representatives from the three associations that met with their local legislators and staff to advocate for support of the trend and some restoration of the \$115 million in cuts to OPWDD services.

INCLUSIVE DEMOCRACY IN ACTION (IDIA)

This joint Lobby Day was an opportunity for CP of NYS to join with other associations to demonstrate our resolve to be a part of the solution and to ensure that the Legislature supports the trend and understood the impact that the Governor's proposed cuts would have on non-profit agencies and the individuals with developmental disabilities that they serve. All of the associations felt the joint Lobby Day was very successful and have scheduled a joint Lobby Day for March 1, 2011.

After the March 1 Albany Lobby Day, CP of NYS, NYSARC, ALIA and IAC realized that there needed to be much more advocacy and began a campaign called *Inclusive Democracy In Action (IDIA)*. The associations used the success and lessons of the 2009 fall vigil at the Capitol to form an ongoing advocacy campaign. IDIA brought consumers, staff and family members to the Capitol each session day to meet with their local legislators. CP of NYS Affiliates from as far away as Buffalo, Long Island, Elmira and New York City traveled to Albany to participate in *Inclusive Democracy in Action*. The participants had a simple message to their legislators – *thank you for your past support and remember us as you negotiate the final budget.*

The legislators were gracious and appreciative that their constituents made the trip to Albany. Legislators commented daily about how important it is to put a face to the need for OPWDD services and a restora-

tion of the budget cuts. Many of the IDIA groups were invited on to the floor of the Assembly Chamber during session and the Senate Chamber after session. A participant from UCP/NYC said that it was the happiest day of her life because she never thought she would be able to participate in democracy so directly.

By every definition, IDIA was a huge success.

Because there were so many pictures and we wanted to be able to share them with the participants, legislators and Affiliates, there is an *Inclusive Democracy In Action* Facebook page at <http://tinyurl.com/32khyyk>.



SIGNIFICANT LEGISLATION SIGNED BY THE GOVERNOR

- **Name change to OPWDD** – Chapter 168 of the Laws of 2010 changes the name of the Office of Mental Retardation and Developmental Disabilities (OMRDD) to the New York State Office for People With Developmental Disabilities (OPWDD). CP of NYS supported this bill.
- **Family Health Care Decisions Act** – Chapter 8 of the Laws of 2010 (S.3164-B/A.7729-D) creates the Family Health Care Decisions Act. This law establishes procedures for making medical treatment decisions on behalf of patients who lack the capacity to make their own health care decisions. Individuals with Article 17A guardians are not included in this law. The authority for their guardian to make treatment decisions continues under Article 17A. CP of NYS supported this bill.
- **FMAP Contingency Fund** – Chapter 313 of the Laws of 2010 (S.67011-A/A.41011-A), Governor's Program Bill #324, establishes the FMAP contingency fund and authorizes the Division of Budget to reduce payments if the federal government does not extend the enhanced Medicaid Assistance percentages as anticipated in the budget. This resulted in a 1.1% cut in payments to OPWDD providers, school districts, hospitals, municipalities, etc. CP of NYS opposed this bill and argued that it set a dangerous precedent.
- **Accessible Polling Places** – Chapter 505 of the Laws of 2010 (S.7860/A.10946) requires polling places to be accessible to people with physical disabilities. CP of NYS supported this bill.
- **Disabilities History Day** – Chapter 199 of the Laws of 2010 (S.7931/A.10853-B) designates October 18 as Disabilities History Day. CP of NYS supported this bill.



In order to ensure that the needs and desires of people with disabilities and the interests of our 24 Affiliates are represented before policies and regulations are changed or enacted, CP of NYS participates on statewide Advisory Councils and Task Forces. Staff members from CP of NYS and its Affiliates represent the organization and its constituents on various committees and advisory groups, as well as at public hearings, including the following:

OFFICE FOR PEOPLE WITH DEVELOPMENTAL DISABILITIES (OPWDD)

- Medicaid Service Coordination Redesign Task Force
- Provider Associations Council
- New York State CARES Advisory Council
- Home & Community Based Services (HCBS) Waiver Units of Service Task Force
- Provider Council
- Provider Council Clinical Services Subcommittee
- Employment Training Internship Program Advisory Council
- Workforce Recruitment & Retention Work Group
- Medicaid and Medicare Maximization Group
- Real Choice Grant Committee
- Clinical Workforce Subcommittee
- Electronic ISP Subcommittee
- Quality Indicators Subcommittee
- Housing Subcommittee
- OPWDD APG Workgroup

DEVELOPMENTAL DISABILITIES PLANNING COUNCIL (DDPC)

- DDPC Assistive Technology Work Group

NYS COMMISSION OF QUALITY OF CARE AND ADVOCACY FOR PERSONS WITH DISABILITIES

- TRAIID Interagency Partnership for Assistive Technology Advisory Board

STATE EDUCATION DEPARTMENT (SED)

- NYS Rehabilitation Council
- CRP Planning Group
- Unified Contract Services Work Group (finished)

DEPARTMENT OF HEALTH (DOH)

- Early Intervention Coordinating Council (EICC)
- EICC Developmental Group Task Force
- EICC Task Force on Provider Approval (Chair)
- Early Intervention Reimbursement Advisory Panel
- Durable Medical Equipment (DME) Work Group
- DOH/OPWDD Clinical Services Provider Council
- AHCf Cost Report Work Group

OTHER STATEWIDE ACTIVITIES

Prepared and submitted proposal to the NYS Department of Health (DOH) to deliver statewide Early Intervention Training.

CORPORATE COMPLIANCE CONFERENCE

Over 190 people attended the third annual Corporate Compliance Conference. The conference was jointly sponsored by CP of NYS and NYSARC, Inc. and is the only conference on corporate compliance that is designed for providers of services to individuals with disabilities. Featured speakers were from the NYS Office of the Medicaid Inspector General, the NYS Medicaid Fraud Control Unit and the University of California at Los Angeles (UCLA). Presentations by compliance officers from both organizations completed the agenda.

CP of NYS ANNUAL CONFERENCE DRAWS MORE THAN 800 TO ALBANY

After 19 years in Albany, the 2009 CP of NYS Annual Conference moved to the Hilton Hotel in Saratoga Springs. More than 800 people from Affiliates across the state attended three days of workshops and meetings, November 2-4.

The Conference began with a presentation to Board members and executive leadership teams by New York State Medicaid Inspector General James Sheehan. That afternoon Dr. Beth Mount delivered the Keynote Address entitled, *"Realizing Potential Through Innovation."* The enlightening and inspirational presentation offered new ways to improve operations and adopt ideas that best fit Affiliate goals and missions.

The Keynote was followed by several concurrent sessions, including a presentation by former NFL great Tiki Barber as well as a well-attended presentation by OPWDD Commissioner Diana Jones Ritter.

Monday concluded with the CP of NYS Annual Awards Dinner honoring individuals and organizations for their success in

overcoming obstacles, or for their contributions to people with disabilities and their families.

Tuesday's schedule included nearly 40 sessions and meetings on a broad range of topics and issues critical to people with disabilities, volunteers and professionals.

An exhibition of artwork submitted by Affiliates from across the state was on display at a silent auction on Tuesday. Carleen Giannotti, from Upstate Cerebral Palsy in Utica, was chosen as CP of NYS Artist of the Year, and was among those honored at the Annual Awards Dinner. Cory Bonomo, from the Center for Disability Services in Albany, was named winner of the first statewide Children's Art Contest. Tuesday night featured the Celebrate Staff Dinner recognizing Affiliate employees for outstanding service.

The Annual Conference concluded Wednesday morning with an inspiring and energetic Closing Plenary session by Al Condeluci from UCP/CLASS that explored the challenge of community inclusion.



AFFILIATE ACTIVITIES

TECHNICAL ASSISTANCE

CP of NYS:

- Provided technical assistance to Affiliates regarding OPWDD program development and reimbursement issues.
- Affiliate Services staff offered technical assistance to Affiliates on:
 - Rate appeals
 - Changes to day program
 - Residential program oversight and development
 - Respite programs
 - Medicaid Service Coordination
 - Article 16 Clinic development and Certificates of Need
 - Implementation of special OPWDD initiatives, such as the Health Care Enhancement

- Assisted Affiliates with matters related to tuition rates and fees for education programs.
- Provided ongoing updates from DOH and direct assistance regarding the process of accessing Durable Medical Equipment, particularly for ICF residents and for billing of comprehensive wheelchair evaluations.
- Provided technical assistance to Affiliates regarding DOH fiscal and regulatory issues, including the new APG reimbursement system.

CP of NYS STATEWIDE COMMITTEES

- Provided information, technical support and/or direct assistance to Affiliates regarding:
 - Early Intervention
 - Preschool and School Age Special Education
 - Assistive Technology
 - Traumatic Brain Injury issues
 - Provided assistance with SED regarding approval of new and/or expansion of special education program models
 - Provided assistance relative to DOH/IPRO monitoring of Early Intervention programs
- Provided technical assistance and information to Affiliates on:
 - New Early Intervention regulations
 - New procedures for “Medicaid in Education”
 - Billing for IEP services
 - APG implementation and billing

- Assistive Technology
- Corporate Compliance
- Development/Public Relations
- Education/Early Intervention
- Employment/Vocational/Day Services
- Finance
- Guardianship
- Health & Clinical Services
- Human Resources
- Information Technology
- Medical Directors Council
- Quality Assurance
- Residential Services
- Traumatic Brain Injury

NYS ELKS ASSOCIATION AND CP OF NYS HOME SERVICE PROGRAM

For more than 45 years the New York State Elks Association (NYSEA) has helped to fund the CP of NYS Home Service Program. The Elks have contributed more than \$20 million and countless hours of volunteer commitment all across the state since 1964.

Regional meetings across the state involving members of the Elks at the state and local level, and staff from CP of NYS and its Affiliates, have strengthened relationships between the organizations, generated ideas that have benefited both the Elks and Affiliates, and provided opportunities for people from both organizations to learn more about how to grow and improve this long-standing partnership.

Richard De Silva, from Westchester County, completed his three-year term as Chair of the Major Projects Committee, working with Elks from around the state to raise more than \$1.4 million in support of the CP of NYS Home Service Program. Westchester County resident Gregory Santiago, with the support of his family, finished a three-year stint as Elks Ambassador working with Mr. De Silva to raise funds and public awareness. Lou Withiam, of Ithaca, is the new Major Projects Committee Chair.



L-R: James Peace, Chairman, NYSEA Major Projects Board; Richard Crudele, 2009 CP of NYS Elks Award winner; Robert DiFrancesco, CP of NYS Board of Directors

CP OF NYS AFFILIATES COLLABORATE ON ART EXHIBITION



An exhibition of artwork by artists representing three CP of NYS Affiliates was displayed by a gallery on Roosevelt Island in New York City last August and September. The Gallery RIVAA show featured original artwork created by 73 artists from Queens Centers for Progress, United Cerebral Palsy of New York City and Cerebral Palsy Associations of New York State-Metro Services. New York State Assemblymember Micah Kellner assisted with arranging the exhibition. He also met with artists and members of their families during the exhibition's opening reception. "There is a stunning range of talent on display in this show, and it has been an honor to work with RIVAA and these three outstanding organizations to help make it a reality," said Kellner. The three Affiliates are planning another exhibition at the gallery in 2011.

AFFILIATE ACTIVITIES

C of NYS's Metro Services offers a wide range of programs and services designed to support individuals with disabilities in leading more independent and productive lives. These include comprehensive health care services, community living services, adult day programs, vocational, and traumatic brain injury services, and vacations, service coordination, and family support services.



COMMUNITY LIVING SERVICES

Three hundred and sixty-eight individuals live in 78 residences certified as Individual Residential Alternatives (IRAs) and 76 individuals live in six residences certified as Intermediate Care Facilities (ICFs). Included in these are four ICFs and one IRA, serving 64 people that provide around the clock, on-site nursing services. There were also four people receiving At Home Res Hab services.

DAY SERVICES

Metro Services' Day Programs provide supports to over 400 individuals in inclusionary programs where people are integrally involved in their immediate communities, providing volunteer opportunities at various community sites, and participation in community restoration and gardening projects. Metro Options for Independence, with it's cluster of Vocational Programs (VESID Services, SEMP; Enhanced SEMP; CBVH/DVE; Job Placement and Day Hab Without Walls) has provided work related services such as job placement, job site coaching and volunteer site training services, and vocational assessment service to approximately 140 people with disabilities. While continuously supporting approximately 85 individuals on work sites through its various programs, the department has been able to develop 22 new paid work opportunities this year through its various programs

HEALTH CARE CENTERS

Article 28

Metro Services operates four full-time health care centers and one part-time center serving over 2,600 individuals throughout the five boroughs. In addition to primary care services, we also provide specialty medical services including, cardiology, gastroenterology, neurology, ophthalmology, psychiatry, podiatry, audiology and psychiatry. Dental Services are provided in Staten Island, Brooklyn and the Bronx. Our team of health care professionals includes a part-time staff of 20 physicians, six dentists and two nurse practitioners. We also offer Rehab Services through our clinics. These services are physical, occupational and speech therapy, counseling and psychological services. We have also partnered with Fidelis Care of New York which allows us the opportunity to provide health care services to all individuals in their network.

Article 16

We were certified by OPWDD as an Article 16 provider in September 2009. Currently 229 individuals receive services through this program. The services we provide include long-term therapy in the area of physical, occupational and speech therapy. Through our Article 16, we also provide counseling and psychological services.

COMMUNITY AFFAIRS AND VOLUNTEERS

Interns from New York City College of Technology (NYCCT) conducted two bake sales to help fund Agency art show projects. Both were very successful and students plan to do at least one more bake sale this year.

In 2009, two returning students from NYCCT served as mentors to new students who were embarking on their first internships at our agency. This has now become an integral part of the volunteer program.

The art show held at the RIVAA gallery in August 2009 generated much interest among volunteers and interns, and led to a PACE University student doing a project reaching out to other galleries for future shows. This led to securing gallery space at Gallery 307 in Chelsea for a month-long show which ended in August 2010.

Port Richmond High School has become an important resource for volunteers for the Cora Hoffman Center Day Program, for Koicheff, and for wheelchair cleanings.

Our long-term relationship with Fordham University has resulted in the University increasing the number of volunteer groups it sends to the Jerome Belson Center and to the residences in the Bronx.

The volunteer program accounted for over 6,600 hours of volunteer time being provided between Jan 1 and July 3, 2010 at our numerous locations.

COMMUNITY SUPPORT SERVICES & SERVICE COORDINATION

Nine participants were enrolled in the after school program at Hungerford School on Staten Island. Next June four will be graduating and two will begin attending the day habilitation program at the Cora Hoffman Center. Four new students have been identified to be enrolled in the program for the upcoming year and efforts are currently underway to complete the waiver enrollment process prior to the start of the new school year.

At year end, Metro Services provides Medicaid Service Coordination (MSC) to 352 individuals. A total of 279 individuals live in IRAs operated by CP of NYS and 73 individuals live with their families or on their own. Fifty four individuals with Traumatic Brain Injuries receive service coordination through the NYS DOH Medicaid Waiver Program. Over the past year an additional 15 individuals were enrolled in MSC and 10 individuals began receiving service coordination through the TBI Waiver.

QUALITY MANAGEMENT REVIEWS

By year's end, 45 full internal Quality Management (QM) surveys and 27 follow up QM surveys were completed. Within the past 22 months all 85 residences have received full internal QM surveys with 75% receiving a follow up review. Revisions and improvements to the survey process are in development. The new process will focus on more targeted reviews and an increase in technical support provided to program staff.

METRO SERVICES

STAFF DEVELOPMENT AND TRAINING

The partnership continues with CUNY and the John F. Kennedy, Jr. Institute for Worker Education. In addition to its Post-Baccalaureate Certificate Program in Disability Studies, last fall CUNY began offering undergraduate courses in Autism Spectrum Disorder in Young People and Introduction to Disability Studies. Some of our direct care counselors enrolled in the courses and CUNY paid their tuition in full. The fall 2010 application for the Kennedy Fellows program was distributed to the agency partners. The Kennedy Fellows Scholarship and Career Mentoring Program supports the higher education and career advancement of direct support workers and frontline supervisors in the disability field. Over 175 new staff were trained to fill Direct Care Counselor vacancies this year. Throughout the year trainings were conducted on a number of diverse topics including supervisory skills; volunteer orientation and training; CPR Heartsaver; colostomy care; G-Tube care and management; incident management and investigation training; remedial medication certification and program and service documentation.

Training Grants - Work Safe Program

The Work Safe Training Program for Direct Care Counselors funded by the Department of Labor through July 31, 2010 is nearing completion. The program encompassed assessment and training. The assessment portion allowed the incumbent direct care worker to demonstrate their ability to safely perform the motions, physical exertions, and postures required by the position. Following the completion of assessments, in-service training was provided on body mechanics, back safety, lifting and transfers. Additional training focused on worksite health promotion and conditioning. Approximately 150 direct care workers in the Staten Island CLS program received a total of six hours of training. A second proposal was submitted for funding to continue the training in the Queens and Brooklyn CLS programs and has been awarded.

New Training Initiatives

In June 2010, the agency was invited to participate in a health and wellness initiative sponsored by The Staten Island Foundation and the New York State Institute for Basic Research. The initiative is designed to train agency staff on how to implement the Health Advocacy Program curriculum with individuals in their home and to assist them in identifying and pursuing a personal health goal. Seven people were identified to participate in the training. Pre-assessments were administered prior to introducing the curriculum.



METRO SERVICES

DEVELOPMENT

A new facility under construction at 1880 Boston Road in the Bronx will be home to our health care center, day habilitation and supported employment programs, and the Bronx Community Living Program offices. The construction of the interior should commence in early fall 2010 with occupancy anticipated in fall 2011.

Two individuals moved into a two-bedroom apartment in Queens in April through the MORE project with OPWDD--sponsored Individualized Support Services funding. Both moved from certified residences with 24/7 supervision. We now have a total of three individuals living independently and supported by Community Living Services.

ENERGY CONSERVATION

The NYSERDA "New York Energy Smart" New Construction program is partially funding the design of energy conservation features in the new Boston Road facility. The design has been registered for LEED CI Silver certification. Project Applications to fund weatherization improvements have been approved for six residences through the NYS Division of Housing & Weatherization Assistance Community Renewal Program.



Meet David Horsham

David Horsham, representing Cerebral Palsy Associations of New York State, claimed first prize at the Voice! 6! juried art exhibition conducted by The Arc Otsego in Oneonta. This is the sixth annual event celebrating the creative voices of artists with developmental disabilities from across New York State.

David is a talented photographer from Rego Park, Queens, who enjoys going out into the community to shoot. The first prize photo (below) was taken on Queens Boulevard not far from where he lives.



Award-winning photo by David Horsham
© David Horsham 2009

When David is not able to go out he will often wait for the right time of day to shoot images of the sky or the landscape that is his neighborhood. He makes these images from views he has from a window in his home.

Voice! 6 featured seventy-two works of art created by sixty-two artists representing nineteen counties. Eleven awards totaling \$1,000 in prize money, including David's \$300 First Prize, were announced at the exhibit's opening reception July 16th at the Martin-Mullen Art Gallery, on the campus of the State University of New York College at Oneonta.

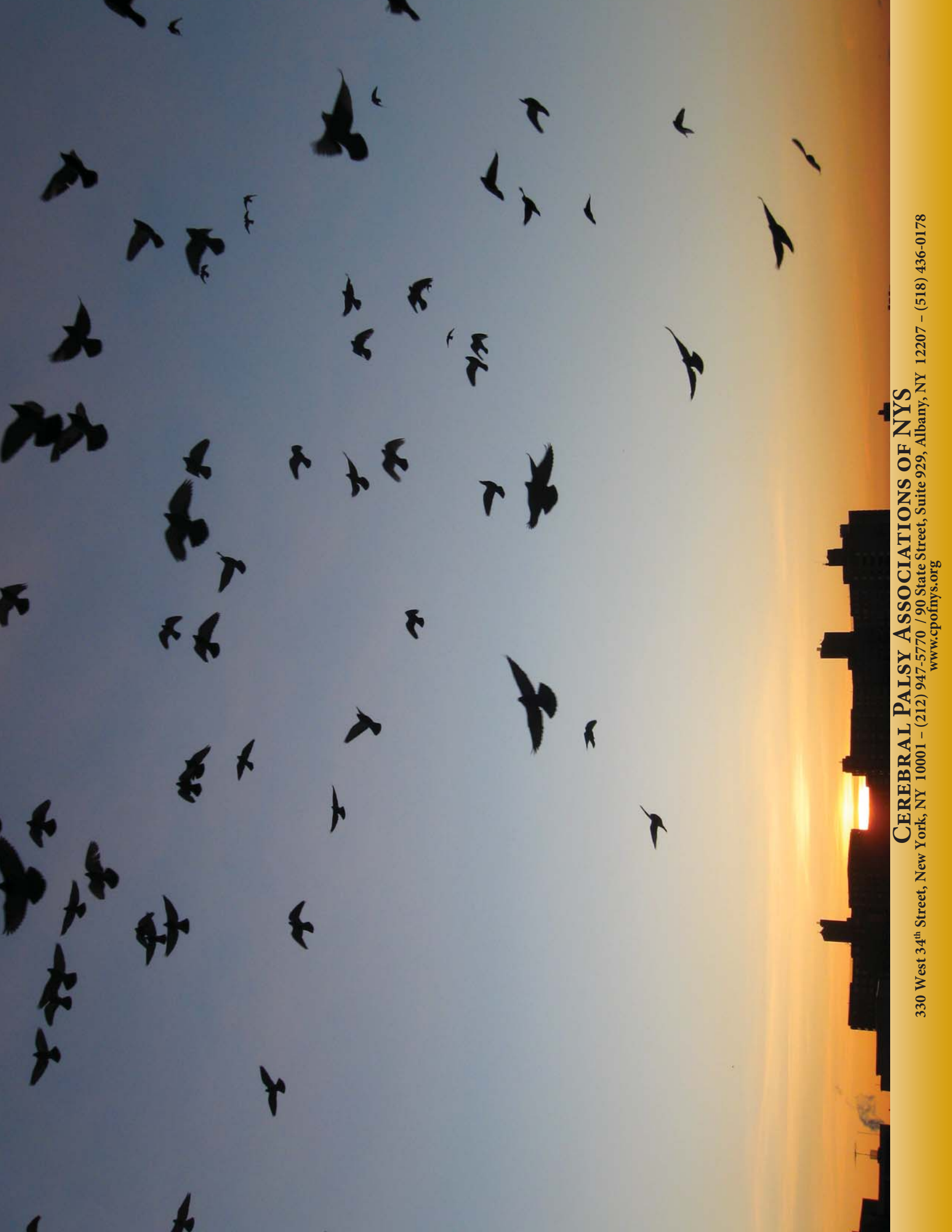
David plans on upgrading his camera equipment with his winnings.

FINANCIAL REPORT

**CEREBRAL PALSY ASSOCIATIONS OF NEW YORK STATE
STATEMENTS OF SUPPORT, REVENUE AND EXPENSES
FOR THE YEARS ENDED JUNE 30, 2010 AND 2009**
(In Thousands)

	<u>6/30/10</u>	<u>6/30/09</u>
SUPPORT AND REVENUE		
Support from public:		
Contributions		
NYS Elks Association Major Projects, Inc.	\$ 434	\$ 454
	\$ 434	\$ 454
Total Support		
Government Fees/Grants for Program Services:		
Medicaid Fees	\$ 105,153	\$ 100,655
Grants/Fees: Education, Training and		
Direct Consumer Services	<u>781</u>	<u>966</u>
Total Grants and Fees	<u>\$ 105,934</u>	<u>\$ 101,621</u>
Other:		
Camp Fees	\$ 0	\$ 1,236
Affiliate Support	692	659
Other Revenues	<u>3,475</u>	<u>4,624</u>
Total Other	<u>\$ 4,167</u>	<u>\$ 6,519</u>
TOTAL SUPPORT AND REVENUE	<u>\$ 110,535</u>	<u>\$ 108,594</u>
EXPENSES		
Program Services		
Day Services	\$ 14,736	\$ 13,039
Residential Services	76,894	78,629
Clinic	5,623	5,120
NYS Elks Association Major Projects, Inc.	434	454
Affiliate Clinics	1,133	842
Affiliate Services and Conference	1,528	1,497
Transportation	<u>361</u>	<u>322</u>
Total Program Services	<u>\$ 100,709</u>	<u>\$ 99,903</u>
Administrative/Supporting Services	<u>\$ 7,118</u>	<u>\$ 6,687</u>
TOTAL EXPENSES	<u>\$ 107,827</u>	<u>\$ 106,590</u>
EXCESS (DEFICIENCY) OF SUPPORT AND REVENUE OVER EXPENSES	<u>\$ 2,708</u>	<u>\$ 2,004</u>

* Copies of complete financial statements are available upon request from CP of NYS, 330 West 34th Street, New York, NY 10001.



CEREBRAL PALSY ASSOCIATIONS OF NYS

330 West 34th Street, New York, NY 10001 - (212) 947-5770 / 90 State Street, Suite 929, Albany, NY 12207 - (518) 436-0178
www.cpfmyns.org