

2015-2016

ANNUAL REPORT



Cerebral Palsy Associations
of New York State

Real people. Realizing potential.

MISSION STATEMENT

The mission of Cerebral Palsy Associations of New York State is to advocate and provide direct services with and for individuals with cerebral palsy and other significant disabilities, and their families, throughout New York State in order to promote lifelong opportunities and choices for independence, inclusion and enhanced quality of life.

BOARD OF DIRECTORS 2014-2016

Chair.....	Thomas J. Caserta, Jr., Esq.
Vice Chair.....	Stephen C. Lipinski
Committee Chairs:	
Audit & Risk.....	Andrew C. Koenig, CPA
Finance.....	John R. Horvath
Program Services.....	Ann B. LeMark
Public Policy.....	Marvin S. Reed
Succession Planning	Natalie K. Rogers
Volunteer Support.....	Barbara N. Scherr
Secretary.....	Cora Baliff
Directors at Large.....	Joseph P. Dutkowsky, M.D. David H. Eichenauer Ross B. Levin Robert P. Masterson Brian P. McLane Robert G. Norris James E. Peace
Active Past Chairs.....	Robert M. DiFrancesco James E. Johansen Jack M. Weinstein, Esq. Idajean Windell, Ed.D.

Executive Staff

President & CEO.....	Susan Constantino
Executive Vice President, CAO/CFO.....	Thomas Mandelkow
Executive Vice President, COO.....	Joseph M. Pancari
Executive Vice President, Affiliate Services	Mike Alvaro
Executive Vice President.....	Marco R. Damiani
Executive Vice President, Health Management Projects	Duane R. Schielke
Executive Vice President & Chief Legal Officer	J. David Seay, Esq.
Assistant to the President.....	Heidi McManus

WE'VE ONLY JUST BEGUN

The celebration of seventy years since our inception gives us an opportunity to acknowledge our accomplishments of the past and to look to the future as the supports and services for people with disabilities are being reshaped for the future. In the past seven decades, CP of NYS has – on our own and through the Affiliates we nurtured and now support – initiated significant advances in the disability movement since our founding families first fought for supports and services.

The success of our advocacy efforts have ranged from Albany to Washington and have helped raise community awareness of disability issues at the same time we have increased government supports for the services and funding to meet the needs of people with Cerebral Palsy and other significant disabilities. Today we have been successful in housing, transportation, health care, and other services for people with disabilities in our communities – an achievement that could only have been dreamed of years ago. Our future demands resolution of conflicting policy goals and funding philosophies. We agree with the ideal of self-direction, community integration, and individualized personal outcomes-focused planning, yet funding has been withdrawn and the need exceeds current capacity. At the same time more costly community integration supports are being set as a benchmark. How we meet and adapt ourselves to overcome this public policy implementation challenge will define our relevance within the disability movement for years to come. It will be just as it was when the skills and motivation that helped establish our first school, clinic, and residential programs as well as our efforts to lead the movement to help ensure community placement of Willowbrook residents defined us; it set the standard for our performance to this day.

We are CP of NYS, and we are leaders in creating a system that will meet the needs of people with disabilities in New York State. We should be proud of our past, but we know we must move forward – what we have done is not enough. Our efforts in meeting the needs of people with disabilities are not limited to our statewide advocacy and support to our Affiliates, but also through Metro Services in the provision of services in the New York City metropolitan region. Over the past year, we have implemented innovative employment programs such as our green gardens project and have expanded residential services to meet the specific needs and desires of those we support. We have found new ways to support people whether it's in their home, their job, their circle of friends, or their health. At Metro Services, we have truly worked to "make it possible – where the 'it' changes every day!" We also have achieved Federally Qualified Health Center (FQHC) status for our clinics, culminating a long tedious process.

At the same time, our Affiliate Services Office has spent the past year providing supports to our Affiliates through individual consultative assistance and advocacy. Our statewide leadership on rate rationalization and other critical policy changes in the state have generated savings, cost avoidance, and revenue for the Affiliates totaling almost \$100 million statewide! We also have helped reinvigorate the vital family advocacy network in the State through our support in the development of New York Families for Disability Rights, a resource to assist in the development of informed advocates statewide. These efforts have brought us full circle to the founding families who saw a need and reached out to establish CP of NYS and our first Affiliates.

To realize the goals identified more than 70 years ago by the founders of CP of NYS, we must continue on the path that they set for us. We will build upon the many successes of the past, but we must not live in the past. We must embrace new ideas and new service delivery models that allow people to live fuller lives. In our first 70 years, CP of NYS has taken an idea and made it into a reality, continually working to reinvent ourselves as we create new opportunities. With many pressures from different directions, current times demand that we do so again. We must strive to fulfill our mission and achieve our goals through the collective strength of our Affiliates, our staff, the families, and people with disabilities we support. The past leaves little room to doubt that we will continue to succeed – it has been 70 years and we’ve only just begun!



Thomas J. Caserta Jr.
Thomas J. Caserta, Jr., Esq.
Board Chair



Susan Constantino
Susan Constantino
President & CEO

AFFILIATE SERVICES

CP of NYS provides Affiliates with a broad array of supports and services through advocacy on behalf of all or most Affiliates on specific issues as well as consultative assistance with issues specific to that Affiliate. Through all our efforts, we develop advocacy efforts to benefit Affiliates, ensuring that the funding and rules for programs and services meet the needs of the people Affiliates support. Our work includes educational programs and ongoing informational support through our statewide committees, which meet throughout the year. CP of NYS provided technical assistance, information, and direct assistance to Affiliates regarding program development, reimbursement and other critical issues.

CP of NYS STATEWIDE COMMITTEES

- Assistive Technology
- Corporate Compliance/Quality Assurance
- Development/Public Relations
- Education/Early Intervention
- Emerging Leaders
- Employment/Vocational/Day Services
- Finance
- Guardianship
- Health & Clinical Services
- Human Resources
- Medical Directors Council
- Residential Services
- Service Coordination
- Traumatic Brain Injury



ANNUAL CONFERENCE

The 2015 Cerebral Palsy Associations of New York State (CP of NYS) Annual Conference returned to Saratoga Springs last October. Nearly 700 people from all 24 CP of NYS Affiliates attended and heard nationally renowned speakers discuss issues critical to people with disabilities, their families and those who provide supports and services.

Topics including autism, health care for adults with intellectual and developmental disabilities, OPWDD employment and day services and health care revenue enhancement were the subject of more than 50 educational sessions and meetings.

ADVOCACY INITIATIVES

CP of NYS received a grant from the New York State Legislature to develop a statewide family advocacy organization. The grant helped fund the creation of a new family advocacy website at www.nyfamilyrights.org. The website has written information on the rights of people with developmental disabilities, links to government agencies and other organizations with information about supports, services and opportunities available for people with disabilities and their families. The website also houses informational videos, a family forum to facilitate communication among families across the state, as well as a link to each individual's elected officials with a listing of key issues and sample letters that they can send to their representatives in Albany and Washington.



New York Families
for Disability Rights

CORPORATE COMPLIANCE CONFERENCE

Quality Compliance Challenges 2016, the 9th Annual Conference for Providers Serving People with Disabilities was conducted in May for nearly 200 attendees from across the state.

GOVERNMENT NETWORKING

Staff members from CP of NYS and its Affiliates represent the organization and its constituents on statewide advisory councils, task forces, committees, advisory groups, as well as at public hearings, including the following:

OFFICE FOR PEOPLE WITH DEVELOPMENTAL DISABILITIES (OPWDD)

Commissioner's Transformation Panel
Provider Associations
Employment Training Internship Program
Advisory Council
Workforce Recruitment & Retention Work Group
Heightened Scrutiny Work Group
Clinic Services Work Group
Electronic ISP Subcommittee
Quality Indicators Subcommittee
Housing Subcommittee
Provider Efficiency Work Group
Fiscal Sustainability Design Team
People First Waiver Steering Committee
Medicaid Managed Care Advisory Council

DEPARTMENT OF HEALTH (DOH)

Early Intervention Coordinating Council (EICC)
EICC Executive Committee
DOH/OPWDD Clinical Services Provider Council

STATE EDUCATION DEPARTMENT (SED)

Special Education Financial Advisory Group
SED Preschool Rate Methodology Work Group
SED Work Group on Special Education Itinerant Services Methodology
SED Work Group on Reimbursable Cost Manual



GOVERNMENT RELATIONS

2016-2017 NEW YORK STATE BUDGET

The 2016- 2017 New York State Budget included the following highlights:

MINIMUM WAGE

After months of advocating for full Medicaid minimum wage funding, and the Governor's insistence that there would be no additional funding, the final budget included funding to bring salaries up to the new minimum wage. State funds to support the first year, of the multi-year minimum wage increase include: \$4.1 million for OPWDD; \$1.1 million for SED 4410s, 853s and special education programs; and \$800,000 for OMH.

OPWDD

- \$120 million fully annualized, all shares, for new service opportunities, including \$10 million to develop residential options for people with priority two and three status;
- A 0.2% COLA/Medicaid trend;
- \$15 million in capital funding to support the development of affordable housing opportunities for individuals with intellectual and/or developmental disabilities;
- An additional \$15 million to expand START (Systemic Therapeutic Assessment, Respite and Treatment) to New York City and Long Island.
- An additional \$10 million in Federal BIP funds are made available to transform various non-residential programs to more integrated community settings.
- \$24 million to transition individuals currently in developmental centers and other institutional settings into more appropriate community-based settings.
- Article VII budget bills:
 - o Extended the social work/psychology licensure exemption for the field for an additional two years;
 - o Requires OPWDD to provide employees of sheltered workshops with other service options as appropriate;



- o Grants OPWDD the authority to appoint a temporary operator under certain conditions;
- o Requires additional reporting by OPWDD regarding progress in meeting housing needs, the activities of the Transformation Panel and the closure or change of auspice of state-operated IRAs.

DOH

- Proposals which would have adversely impacted Early Intervention Programs and a proposed change in the current Prescriber Prevails law were rejected.
- Movement of Traumatic Brain Injury and NHTD waiver programs to managed care were delayed until January of 2018.

SED

- Although not directly in the budget, the Governor and the Legislative leaders announced that 853 special education schools and special act schools would receive a 4% growth for the 7-1-16 school year.

GOVERNMENT RELATIONS

SIGNIFICANT LEGISLATION

The 2016 New York State Legislative Session ended two days late in the early morning of June 18th. Much of the end of session advocacy was around preventing extremely troublesome bills from passing both Houses. Fortunately, none of these harmful bills passed both Houses. The following are the bills that CP of NYS supported which passed both Houses:

- COPA Turnover and Vacancy Stabilization Act - S. 7677-A (Ortt)/A.10409 (Gunther) - requires the Commissioner of OPWDD to submit a report by 11-1-16 concerning factors causing increasing turnover and vacancy rates and identifying funding necessary to deal with this problem. It is unclear if the Governor will sign this bill.
- School psychologists in EI & 4410 extender - S.6851 (LaValle)/A. 9422 (Glick) – extends the authority of school psychologists to provide evaluations and services for children in the Early Intervention and preschool special education/4410 programs. The Governor signed this bill as Chapter 76 of the Laws of 2016.
- Transformation Panel-S.7644-A(Ortt)/A.10053-A (Gunther) - requires quarterly progress reports, insuring transparency, and adds the OPWDD Transformation Panel in statute. The Governor signed this bill as Chapter 250 of the Laws of 2016.
- ABLE ACT Amendment - A.10206 (Gunther)/S.7882 (Carlucci) - authorizes the State Comptroller to enter into a contract with the existing third party administrator of the NYS College Choice Tuition Savings Program for the purpose of administering the NY ABLE savings account program and providing account depositories and managers. The Governor signed this bill as Chapter 149 of the Laws of 2016.
- ABLE ACT Clarification - A.9171-A (Gunther) and S.8101-A (Carlucci) - which clarifies that only the designated ABLE account beneficiary may be the owner of the ABLE account. This bill conforms the NYS ABLE Act with the current federal law creating ABLE accounts. The Governor signed this bill as Chapter 120 of the Laws of 2016



GOVERNMENT RELATIONS

COALITION OF PROVIDER ASSOCIATIONS (COPA)

CP of NYS joined with four other associations – the Alliance of Long Island Agencies, Inc., the Developmental Disabilities Alliance of Western New York (DDAWNY), the InterAgency Council of Developmental Disabilities Agencies (IAC), and the New York Association of Emerging and Multicultural Providers (NYAEMP) – to form the Coalition of Provider Associations or COPA. The five associations formed COPA to address legal and policy issues affecting people with disabilities and the organizations that provide the supports and services critical to their ability to live as independently as possible in their home communities.



COPA represents over 250 not-for-profit agencies across New York State that provide supports and services to hundreds of thousands of New Yorkers with I/DD and employ more than 120,000 dedicated professionals with combined annual operating budgets of nearly \$5.2 billion. It is our intent to develop COPA so that it is a unifying force that policymakers will recognize and respond to.



LIVING WAGE ADVOCACY

For the past two years, CP of NYS has been advocating for funding to support increases for lower paid workers who are critical to Affiliates' ability to fulfill their mission. At the beginning of 2016, CP of NYS joined with all of the developmental disability provider associations to form a coalition to fight for state funding of the new minimum wage and now for state funding of a living wage. The resulting advocacy campaign is now called the #bFair2DirectCare campaign.

The campaign is using a "living wage" proposal developed by CP of NYS as a central component of their advocacy efforts.

Additionally, #bFair2DirectCare is using social media, Facebook and Twitter, a series of news conferences, television and radio interviews, newspaper editorial board meetings and letter-writing campaigns to urge the Governor to include living wage funding in the 2017-2018 state budget.



AFFILIATE SERVICES

NYS ELKS ASSOCIATION

The 52-year relationship between the NYS Elks Association and CP of NYS continues to grow stronger each year. The Elks Major Projects Corporation has continued its financial support for the CP of NYS Home Service Program at nearly \$500,000 per year. Additionally, the Elks annually provide three \$10,000 grants to help Affiliates purchase Home Service vehicles. Once again cash grants were awarded by the NYS Elks Association to help fund programs and special projects at five CP of NYS Affiliates.



BIP GRANTS

CP of NYS has received an extension until June 2017 on the \$2.4 million BIP Grant awarded from OPWDD to benefit Affiliates. The following was completed during this reporting period:

- The assessment of Affiliates' IT readiness against managed care organizations' expectations for data management and reporting was completed.
- Funds were used to increase the understanding and ability to apply the principles of the Personal Outcome Measures (POM) in the CP of NYS Affiliates. Training has exceeded the goals established in the grant.
- Courses have been developed to provide training and information to support consumers, families, and service providers.

Centers of Excellence Grant: OPWDD, in collaboration with SED and DOH has provided grant funding to establish three Centers of Excellence (COE) in the care and treatment of children with ASD and other complex disabilities. A key goal of this new network of Children's Residential Project (CRP) facilities is to improve the quality and efficiency of care as well as the network of support services. New standards, metrics, protocols, and research will be developed and shared not only among the Centers but with the other CRPs across NYS. CP of NYS will coordinate the grant activities of the COE: The Center for Discovery, Developmental Disabilities Institute and Upstate Cerebral Palsy.

CENTERS
OF
EXCELLENCE

METRO SERVICES

CP of NYS provides services and supports throughout New York City, enabling community integration and independence goals to be realized by many people with developmental disabilities. Among the highlights for the year, Metro Services developed a management agreement with Catholic Charities Neighborhood Services (CCNS). Here is a snapshot of our key activities in the past year.

COMMUNITY LIVING SERVICES

- 375 people live in 82 certified Individual Residential Alternatives (IRAs)
- 66 people live in 5 certified Intermediate Care Facilities (ICFs)
- 16 people are in uncertified sites of their own (ISS)
- 150 people currently residing with CCNS are being transferred to Metro under an Auspice change

DAY SERVICES

- Day Programs provide supports to over 715 people in inclusionary programs where they are integrally involved in their immediate communities.
- Metro Options for Independence provides work related services to 170 people. There are 13 people in the new OPWDD Pathways to Employment Program.
- We held a two-day Vocational Services Institute and Retreat at Camp Jened to teach a diverse group of staff how Vocational Services are applicable to their program.
- ACCES-VR sponsored Supported Employment and related vocational services, Career Exploration/Volunteer Services, and Community Habilitation Services.

COMMUNITY AFFAIRS AND VOLUNTEER SERVICES

- Eight students are currently enrolled in an After School program at the Hungerford School on Staten Island.
- Volunteers from the New York School of Urban Ministry and South Richmond High School continue to enhance our residential and day programs.

COMMUNITY SUPPORT SERVICES & SERVICE COORDINATION

- Metro Services provides Medicaid Service Coordination (MSC) to 505 people including 245 people living in IRAs operated by CP of NYS and 3 residing in CCNS residences.
- The Independent Living Skills Training Program curriculum was developed to teach individuals the necessary skills to transition successfully from living in supervised certified settings to living independently. The ILST Training Program began in June 2015 and ran through May of 2016. June 9, 2016 marked the first graduating class of 30 people from the program. During the course of the program, three individuals moved out on their own with support from community habilitation services and ISS housing subsidies.

- Over the past year the Transition to Public Transportation training curriculum was developed with funds made available through the BIP transformation grant. To date, 200 direct support staff and 25 management/supervisory staff were trained on all aspects of supporting individuals in using public transportation. With the extension of the grant funds through June 2017, an additional 150 staff will be trained.



METRO SERVICES

STAFF DEVELOPMENT AND TRAINING

- December 2015, marked the close of our participation in the 1199 SEIU Care Coordination Fundamentals training program funded through a grant from the NYS Department of Health (DOH). From May 2014 through December 2015, an additional 196 direct support staff received training on common chronic diseases and wellness issues related to diabetes, asthma, hypertension, heart disease, and stroke as well as basic communication skills.
- This is our third year as a partner of The Training Collaborative, a project created by UCP of New York City, Heartshare, and SUS in 2013 in response to the transformational changes within our field. Ten of our supervisors are presently completing the program and will be graduating in early September making a total of 30 supervisors who have gone through the program. The Collaborative was recently selected as the 2015 recipient of the Moving Mountains Award.
- In April 2016, we completed a seven month leadership program for frontline supervisors focusing on workforce transformation and the DSP Core Competencies. A total of 97 supervisors from residential, day and vocational services completed the program.
- CQL training is underway. Twelve staff have completed the training and five additional training sessions have been scheduled which will include 50 more personnel. The grant also allows for us to have two staff become Certified Trainers and two staff to become Certified Interviewers.



DEVELOPMENT

- Development of new residential opportunities to serve individuals "aging out" of residential school placements is underway.
- Reconstruction of the Astoria Group Homes is complete. Work on Medina ICF in Staten Island is underway.
- Two BIP grants are focused on transforming activities from a day hab setting into affirmative businesses – SecureE-Docs, which provides document management services and the development of an organic herb business to serve restaurants and grocery outlets on Staten Island were successfully implemented.



METRO SERVICES

HEALTH CARE

- There are now over 1,000 people receiving long-term physical, occupational, and speech therapy, and counseling services in our Article 16 clinic. We are now positioned to provide up to 40,000 service units per year.
- Metro Services' health care centers were transferred to Metro Community Health Centers, Inc. in August 2015 to be operated as Federally Qualified Health Centers (FQHC) in partnership with NYU Lutheran Family Health Centers.
- Metro Community Health Centers, Inc. (MCHC) is operating an FQHC Network of 5 Health Centers. The FQHC became operational in the Bronx, Brooklyn and Staten Island in August 2015. The Brooklyn site was also awarded a New Access Point grant from HRSA. On August 29, MCHC successfully acquired an additional Health Center in Downtown Brooklyn that had been operated by HeartShare Wellness, LLC. This new location has also received FQHC designation as well as a New Access Point grant.
- Metro Services and five Affiliates (Aspire of WNY, Hudson Valley CP Association, Jawonio, CP of Nassau County, and Upstate Cerebral Palsy) were participants in the Alliance for Integrated Care of New York, LLC (AICNY) – www.AICOFNY.com – a Medicare Shared Savings Program of Accountable Care Organizations (ACO). AICOFNY is one of the nation's first ACOs, and one of only 10 in New York, to focus on the medical needs of adults with I/DD. Over \$500,000 was saved in the 2015 Performance Year while achieving over a 90% Quality Ranking. While shared savings were not achieved in the second performance year, patients received high quality, well managed care.
- A Medical Care Management Portal is being developed with funding from an OPWDD BIP grant to integrate medical care management between health centers and their patients' Long Term Services and Supports (LTSS) and other programs providing care management.

- CP of NYS and MCHC have been fully engaged in the NYS DOH Delivery System Reform Incentive Payment (DSRIP) Program Performing Provider Systems (PPS) which were created to transform health services in NYS. Significant effort is focused on ensuring that the needs of people with disabilities are being included in the planning and implementation.

CHANGE IN AUSPICE TRANSFERS PROGRAMS TO CP OF NYS

Catholic Charities Neighborhood Services, Inc. (CCNS) and CP of NYS received consent from the New York State Office for People With Developmental Disabilities (OPWDD) to move ahead with the transfer of the operations of CCNS Residences and Day Habilitation Programs to CP of NYS. The change of auspice provides continuity of services to consumers and their families and will occur on October 1, 2016.



FINANCIAL STATEMENT

CEREBRAL PALSY ASSOCIATIONS OF NEW YORK STATE
STATEMENTS OF SUPPORT, REVENUE AND EXPENSES
FOR THE YEARS ENDED JUNE 30, 2015 AND 2016
(In Thousands)

	<u>6/30/16</u>	<u>6/30/15</u>
SUPPORT AND REVENUE		
Support from the public:		
Contributions		
NYS Elks Association Major Projects, Inc.	\$ 457	\$ 447
Total Support	<u>\$ 457</u>	<u>\$ 447</u>
Government Fees/Grants for Program Services:		
Medicaid Fees	\$ 116,373	\$ 111,333
Grants/Fees: Education, Training and Direct Consumer Services	<u>3,453</u>	<u>\$ 942</u>
Total Grants and Fees	<u>\$ 119,826</u>	<u>\$ 112,275</u>
Other:		
Affiliate Support	\$ 953	\$ 834
Other Revenues	<u>2,287</u>	<u>2,508</u>
Total Other	<u>\$ 3,240</u>	<u>\$ 3,342</u>
TOTAL SUPPORT AND REVENUE	<u>\$ 123,523</u>	<u>\$ 116,064</u>
 EXPENSES		
Program Services		
Day Services	\$ 16,213	\$ 15,570
Residential Services	85,850	81,982
Clinic	8,310	7,547
NYS Elks Association Major Projects, Inc.	457	447
Affiliate Clinics	261	470
Affiliate Services and Conference	2,161	2,369
Transportation	914	73
BIP Grant	<u>\$ 2,136</u>	<u>\$ 413</u>
Total Program Services	<u>\$ 116,302</u>	<u>\$ 108,871</u>
Administrative/Supporting Services	<u>\$ 7,074</u>	<u>\$ 6,904</u>
TOTAL EXPENSES	<u>\$ 123,376</u>	<u>\$ 115,775</u>
 EXCESS (DEFICIENCY) OF SUPPORT AND REVENUE OVER EXPENSES	 <u>\$ 147</u>	 <u>\$ 289</u>

*Copies of complete audited financial statements are available upon request from
CP of NYS, 330 West 34th Street, New York, NY 10001

3 Cedar Street Extension, Suite 2, Cohoes, NY 12047 – (518) 436-0178

CEREBRAL PALSY ASSOCIATIONS OF NYS

www.cporfny.org

330 West 34th Street, 15th Floor, New York, NY 10001 – (212) 947-5770