

About the Speaker

MICHAEL D. POWERS, PSY.D.

Michael D. Powers, Psy.D. is the Director of The Center for Children with Special Needs in Glastonbury, Connecticut, and Assistant Clinical Professor of Psychology at the Yale Child Study Center. He specializes in the diagnosis, assessment, and treatment of individuals with autism and related developmental disabilities.

Through his teaching, writing, and consultation to organizations, Dr. Powers has made significant contributions to the field of autism and Asperger Syndrome. He is the author of *Asperger Syndrome and your Child* and the editor of the award-winning book *Children with Autism: A Parent's Guide*. Dr. Powers has been involved in designing educational programs, staff training, and program evaluation for students with autism spectrum disorders throughout the United States and abroad for nearly 30 years. Dr. Powers is a member of the Professional Advisory Board of the Asperger Syndrome Coalition of the United States, the Geneva Centre for Autism, and a former member of the Board of Directors of the Autism Society of America.

Workshop Objectives

Upon completion of the workshop, participants will be able to:

- Identify different strategies to determine why challenging behaviors develop
- Identify specific causes of challenging behavior
- Describe interventions based on the cause of behavior
- Identify procedures to evaluate the efficiency and effectiveness of interventions
- Describe positive support procedures that will decrease the likelihood of behavioral regression
- Describe procedural and ethical safeguards necessary for effective intervention

CP of NYS TRAINING SERIES Upcoming Sessions

April 2, 2009

The 5 Component Model for Early Intervention ~Dr. Robin McWilliam~

Albany

April 28, 29 & 30, 2009

Supervisory & Leadership Training ~Ralph Johnson~

Albany, Syracuse, NYC

May 5, 2009

Audits, Investigations & Self Disclosures – 2nd Annual Corporate Compliance Conference for Providers Serving Individuals with Disabilities ~Keynote Speaker:

James Sheehan, Medicaid Inspector General~

Albany

**Further details available at
www.cpofnys.org**

CEREBRAL PALSY ASSNS. OF NYS
90 State Street, Suite 929
Albany, NY 12207

Cerebral Palsy Associations
of New York State



CP of NYS Training Series

Challenging Behavior in Children & Adults with Autism Spectrum Disorders: Advances in Understanding & Treatment

March 6, 2009

A workshop with

Michael D. Powers, Psy.D.

CROWNE PLAZA HOTEL
State & Lodge Streets
Albany, NY

Session runs from
8:45 a.m. to 4:00 p.m.

ABOUT THIS SESSION

Individuals with autism spectrum disorders often exhibit behavioral challenges that interfere with learning and social interactions. These can take the form of non-compliance or disruptive behavior, or can be more serious, as in the case of aggression and self-injury. Failure to treat these problems successfully can result in educational difficulties, increased social isolation, and reduced life choices.

The clinical features and implications of autism, Asperger Syndrome, and related Pervasive Developmental Disorders in both children and adults will be discussed. Four sections will provide an in-depth understanding of the assessment and treatment of the challenging behavior of these individuals. Case examples will be used extensively to illustrate key concepts, and current research findings on developing positive supports to reduce the likelihood of behavioral difficulties will be discussed.

8:00 - 8:45 **Registration / Coffee**

8:45 - 9:00 **Welcome and Introductions**

9:00 - 10:15 **Framework for Understanding the Cause or Function of Challenging Behavior**

Goals of assessment and treatment will be discussed, including the importance of objective evaluation, research-based practice, and the acceptability of treatment choices and outcomes.

10:15 - 10:30 Break

10:30 - 12:00 **Methods and Strategies for Understanding the Function of Behavior**

The role of environmental conditions that "set the stage" for behavior, as well as everyday situations that trigger behavior, will be highlighted. A comprehensive description of strategies for assessing and analyzing challenging behavior will follow, incorporating procedures that can be used in the classroom and at home.

12:00 - 1:00 Lunch

1:00 - 2:30 **The Crucial Relationship Between Assessment and Treatment Planning**

Seven potential behavioral functions will be considered, and corresponding research-based intervention options will be provided. Special emphasis will be given to procedures used to teach communication alternatives and to develop adaptive skills to replace problematic behavior. Case material will illustrate these procedures.

2:30 - 2:45 Break

2:45 - 4:00 **Strategies for Evaluating Treatment Results, with a Special Emphasis on Troubleshooting Inconsistent or Unanticipated Outcomes**

Procedural and ethical safeguards used to ensure best practices and to maintain the dignity of those with autism spectrum disorders and their families will also be discussed.

REGISTRATION FORM

March 6, 2009 ~ Michael D. Powers, Psy.D.

Check the appropriate type of registration. IMPORTANT: This form will be used to produce your name badge. Please PRINT clearly and accurately. Registration fee includes lunch. Please indicate any special meal requirements or Assistive Aids or Services required on a separate sheet of paper.

REGISTRATION DEADLINE: February 27, 2009

- CP of NYS Affiliate: \$125.00** (1st Attendee)
(**\$100.00** Each Additional Affiliate Attendee*)
- Parent: \$125.00**
- Non-Affiliate: \$175.00**

Attendee Information

Name: _____

Title/Profession: _____

Organization: _____

Address: _____

Work Phone: _____

E-Mail: _____

(for confirmations and/or last minute notifications)

* **Please list additional attendees from the same organization on a separate sheet with same contact information.**

TOTAL AMOUNT ENCLOSED: \$ _____

Return form and check (made payable to):

CP of NYS – 90 State Street, Suite 929, Albany, NY 12207

If you have any registration questions, please call us at (518) 436-0178.

HOTEL RESERVATIONS:

A block of rooms has been reserved at the Crowne Plaza Hotel for the night of March 5 at a discounted rate of \$99. To reserve a room at the special rate, please contact the hotel directly at 1-800-227-6963 before 2/19/09 and mention code CP3. After that date, rooms will be subject to availability at the prevailing rate.

PARKING & DRIVING DIRECTIONS:

Complimentary parking, subject to availability, has been arranged in the garage adjacent to the hotel. Driving directions to the hotel are available at www.cpalbany.com/directions/.

CANCELLATION POLICY:

CP of NYS will refund the registration fee, less a \$25 administrative fee, if cancellation is made 5 days before the session date. After that, no refunds will be made.