

2011 Annual Conference

Real
People
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Potential

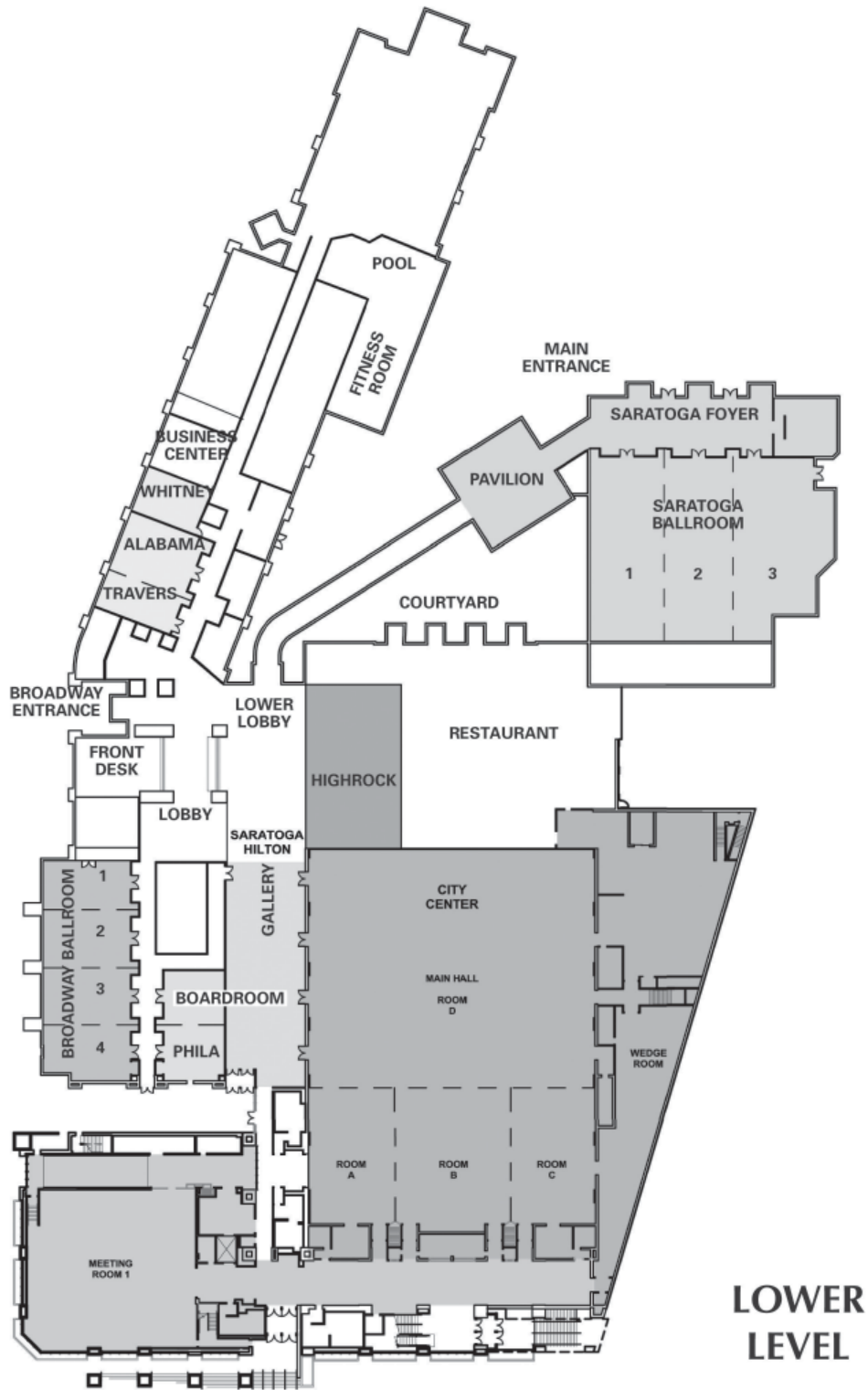


Cerebral Palsy Associations
of New York State

Real people. Realizing potential.

Real people. Realizing potential.

Saratoga Hilton Floor Plan



*COVER PHOTO: "Cranes in Snow" – by Robin Gray of UCP of NYC
Winning entry in the 2011 Visions of New York Art Contest*

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2010-2012

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Message from the Board Chair



JACK M. WEINSTEIN, ESQ.
Board Chair

On behalf of the Board of Directors, I want to welcome everyone to the 51st CP of NYS Annual Conference. Especially in difficult times such as we face now, it is critically important that people with disabilities and their families, staff and volunteers from Affiliates and our State organization get together to exchange information and reaffirm common goals.

The Conference reinvigorates everyone and helps us remember that we are stronger when we work together in support of our mission. People from all 24 Affiliates have come to Saratoga Springs to share ideas and renew relationships. I want to thank the volunteer Conference Committee for their efforts in putting together an exceptional schedule of workshops and meetings.

There are many interesting and stimulating sessions to attend in the next couple of days.

I know that you will enjoy our Keynote Speaker, Geri Jewell, and we want to thank her for agreeing to join us again this year. Some of you may remember her inspirational and humorous presentation from the last time she joined us. Geri is a dynamic speaker with a terrific story to tell and I know you will not want to miss her message.

Please take the time to let us know what you think of the sessions. This Conference continues to be successful because we listen to your comments and suggestions and take them into consideration when inviting future speakers.

I look forward to speaking with many of you in the next few days and hope you enjoy your time here at The Saratoga Hilton.

Welcome & Greetings From the President & CEO



SUSAN CONSTANTINO
President & CEO

Thank you for joining us once again in the beautiful city of Saratoga Springs. Our Conference Committee has worked hard to bring you an outstanding program for the next 2 ½ days.

Our Keynote Speaker, Geri Jewell, will set the tone for the Conference with an inspirational and entertaining look at life from the inside. We have something for everyone on the Conference schedule and have also allowed time for you to spend sharing information with friends and colleagues from other Affiliates across the state. There will also be some opportunities in the evenings for you to walk through downtown Saratoga Springs and experience some of its Victorian charm.

The CP of NYS Annual Awards Banquet on Monday will honor and acknowledge the contributions of more than a dozen amazing people and organizations from across the state. The popular Celebrate Staff Dinner on Tuesday is one of the Conference highlights and a great time for us to gather and recognize outstanding employees from our Affiliates.

On Tuesday I encourage you to visit the nearly two dozen vendors and exhibitors here to show their latest products and services. In between sessions, or during lunch, I hope you will view the display of artwork by both children and adults from our Affiliates.

We will conclude on Wednesday morning with an after-breakfast session by Alexander Freeman, an award-winning filmmaker who will discuss his experiences as a student, a filmmaker and a person with disabilities. This is a busy schedule so please get to as many events as you can.

Enjoy the Conference, the city and the time you share with colleagues and friends from across the state. Please remember to fill out a survey and share your ideas with us about how to make the conference even better in the years to come.

Real people. Realizing potential.

Message from the Conference Chair

I want to welcome everyone back to Saratoga Springs for the 2011 CP of NYS Annual Conference. People with disabilities, family members, staff and volunteers from all of our Affiliates are here, ready and anxious to share ideas and renew relationships. I am so pleased that, despite these very difficult times, so many of you have registered for the Conference. The dedication, commitment, creativity and resourcefulness of all of you here and your colleagues back in your home communities, make this the dynamic and important organization that it has become.

We are excited to be back in Saratoga Springs and hope that you enjoy being here as well. I'm proud to serve as Chairwoman of the Conference Planning Committee and to have worked with the staff and volunteers who helped put this event together. I'm confident that you will agree that the committee has again produced an interesting and stimulating agenda.

The challenges our organization face seem to grow each year, but so does the ability of our Affiliates to adapt to the need to work smarter and more efficiently. The creativity, resourcefulness and dedication to the mission exhibited by everyone is the real foundation of this organization.

On behalf of the Conference Planning Committee, I wish to extend a special welcome and thank you to our Keynote Speaker, Geri Jewell. She was so very well received when she was with us in 2004. She is a brilliant actress and comedienne and has also added author to her resume with the publication of her autobiography this spring. Her presentation will be funny, entertaining and will certainly make you think.

I know that you will also enjoy hearing from the other speakers. Please take the time to let us know what you think of the sessions. We want to make this Conference as valuable as we can and we need your help to do that.

I look forward to meeting and speaking with many of you in the next few days. Thank you for joining us and enjoy your time here in Saratoga.



IDAJEAN WINDELL, Ed.D.
Conference Chair

CONFERENCE STAFF

Idajejan Windell, Ed.D., *Conference Chair*

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The Conference Staff welcomes you to the 2011 Annual Conference. Thanks to each of you who took the time to fill out evaluation forms last year. Your responses helped in the planning of this year's Conference. Please remember to complete your evaluations again this year. The Conference Staff would also like to thank the following individuals who assisted us in planning the programs.

Cora Baliff, CP of NYS

Julie Coon, CP of Ulster County

Thomas Curnow, Ed.D., Upstate CP

Cristine Donovan, Franziska Racker Centers

Janet Dreitlein, CP Rochester

Laura Gawel, Aspire of WNY

Tom Gillespie, Center for Disability Services

Maureen Goshea, CP of Ulster County

Phil Grajko, Enable

Crystal King, CP of NYS Metro Services

Janine Klein, UCP of Suffolk

Rosemary Lorello, Center for Disability Services

Terrie Meyn, Happiness House

Pat Montanez, Franziska Racker Centers

Ellen Naidus, UCPA of Nassau County

Loretta Oreliein, CP of NYS

Joe Ponzi, Able2

Stephanie Russo, CP of Westchester

Barbara Scherr, CP of NYS

Cheryl Smith, HCA of Southern NY

Steve Smith, E. John Gavras Center

A Special Thanks to all the staff of the Affiliate Services Office who so ably assisted in the varied Conference tasks. If you need assistance or have any questions, please stop by the CP of NYS Registration Desk area.

GENERAL INFORMATION

KEY TO INTEREST AREAS

Following each workshop description are codes indicating the particular interest area and/or target audience for the session. We have also included a summary of sessions by tracks on the following pages.

A	=	Adult Services
AT	=	Assistive Technology
C	=	Children's Services
CC	=	Corporate Compliance/Quality Assurance
CEU	=	Continuing Education Units
CME	=	Continuing Medical Education Units
D	=	Day Services
DS	=	Direct Support Services
F	=	Families/Consumers
F\$	=	Finance
G	=	Of General Interest
HC	=	Health and Clinical Services
HR	=	Human Resources
M	=	Organizational Management/Administration
PR	=	Public Relations and Fundraising
R	=	Residential Services
SC	=	Service Coordination

CONTINUING EDUCATION UNITS (CEU) CONTINUING MEDICAL EDUCATION UNITS (CME)

Continuing Education Units (CEUs)

CP of NYS is collaborating with Hudson Valley Community College (HVCC) for the co-sponsorship of selected workshops to assist Conference participants who have CEU requirements for their state licensure and/or national certification. Workshops co-sponsored by HVCC and eligible for CEUs are indicated with **CEU** in this Program Book. Conference participants who would like to earn CEU credits will be **required to pay a one-time fee of \$10** at the Registration Desk when checking in at the Conference. Please be sure to also **sign in at each individual workshop session** offering CEUs.

Continuing Medical Education Units (CMEs)

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Medical Society of the State of New York (MSSNY) through the joint sponsorship of MSSNY and Cerebral Palsy Assns. of NYS, Inc. MSSNY is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The Medical Society of the State of New York designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Workshop sessions eligible for CMEs are indicated with a **CME** in the Program Book. Conference participants who would like to earn CME credits will need to **sign-in at each session that offers CMEs**. Complete participant information is required in order to provide participants with their "Certificate of Attendance" after the Conference.

SESSIONS BY TRACK

ADULT SERVICES (A)

- M-2: COMMUNITY-BASED SPORTS AND PHYSICAL ACTIVITY FOR PEOPLE WITH DISABILITIES
- M-5: DETERMINING SEXUAL CONSENT CAPACITY OF PEOPLE WITH INTELLECTUAL DISABILITIES
- M-6: ESTABLISHING A CONSUMER ADVISORY COUNCIL AT YOUR ORGANIZATION
- T-4: TOUCHING BASES: COMPETITIVE, ADAPTIVE SOFTBALL FOR ADULTS
- T-19: USING VIDEO AS A THERAPEUTIC ART FORM
- T-20: TECHNOLOGY MEETS SYSTEMS CHANGE: EVOLUTION OF THE NYS PARTNERS IN POLICYMAKING PROGRAM
- T-23: THE PEOPLE FIRST WAIVER
- T-33: PHYSICAL ACTIVITY AND NUTRITION FOR AGING ADULTS WITH MULTIPLE DISABILITIES

ASSISTIVE TECHNOLOGY (AT)

- T-1: CONSERVE TO PRESERVE – LESSONS FROM AGING WITH A DISABILITY
- T-2: iPad FOR LEARNING & COMMUNICATIONS – INTRO/OVERVIEW
- T-21: iPad FOR AAC & SPEECH THERAPY – PROFESSIONAL/TECHNICAL
- T-28: PRESSURE MAPPING FOR PERSONS WITH DISABILITIES

CHILDREN'S SERVICES (C)

- M-4: SUCCESSFUL STRATEGIES FOR CHALLENGING BEHAVIORS
- T-2: iPad FOR LEARNING & COMMUNICATIONS – INTRO/OVERVIEW
- T-29: OUTDOOR CLASSROOM
- T-30: PHONOLOGY: DECODING THE UNINTELLIGIBLE CHILD
- T-37: MOTIVATING FACULTY WITHIN SPECIAL EDUCATION SETTINGS

CORPORATE COMPLIANCE/QUALITY ASSURANCE (CC)

- T-7: EFFECTIVE COMPLIANCE PROGRAMS
- T-26: ASSURING QUALITY IN RESIDENTIAL SETTINGS
- T-34: LIMITED FISCAL REVIEWS: WHAT TO EXPECT

DAY SERVICES (D)

- M-2: COMMUNITY-BASED SPORTS AND PHYSICAL ACTIVITY FOR PEOPLE WITH DISABILITIES
- T-19: USING VIDEO AS A THERAPEUTIC ART FORM

DIRECT SUPPORT SERVICES (DS)

- T-11: BOUNDARIES – MORE THAN JUST A LINE
- T-19: USING VIDEO AS A THERAPEUTIC ART FORM

SESSIONS BY TRACK

FAMILIES/CONSUMERS (F)

- M-3: QUALITY OF LIFE – STRIKING A BALANCE BETWEEN CHOICE AND RISK
- M-6: ESTABLISHING A CONSUMER ADVISORY COUNCIL AT YOUR ORGANIZATION
- T-6: PROCESSING GRIEF – Session #1
- T-16: PROCESSING GRIEF – Session #2
- T-20: TECHNOLOGY MEETS SYSTEMS CHANGE: EVOLUTION OF THE NYS PARTNERS IN POLICYMAKING PROGRAM
- T-22: THRIVING COUPLES, THRIVING KIDS: PROMOTING HEALTHY RELATIONSHIPS TO IMPROVE THE WELL-BEING OF CHILDREN WITH DISABILITIES AND THEIR FAMILIES

FINANCE (F\$)

- T-10: UPDATE ON APGs IN THE ARTICLE 28 & ARTICLE 16 CLINIC
- T-31: HEALTH HOMES AND THE OPWDD PEOPLE FIRST WAIVER
- T-34: LIMITED FISCAL REVIEWS: WHAT TO EXPECT

OF GENERAL INTEREST (G)

- Key: SAME WALK DIFFERENT STREET (Valuing Diversity)
- M-1: STATE AGENCY UPDATE
- T-3: DEVELOPING ORGANIZATIONAL LEADERSHIP – CREATIVE COMPETENCY AND STRATEGY
- T-9: FEDERAL UPDATE
- T-12: NEW VISIONS FOR THE COMMISSION ON QUALITY OF CARE
- T-23: THE PEOPLE FIRST WAIVER
- Wed: FILM AS A “BULLY PULPIT”

HEALTH AND CLINICAL SERVICES (HC)

- T-5: SCREENING FOR HEALTH RISK ONLINE – Part 1
- T-1: CONSERVE TO PRESERVE – LESSONS FROM AGING WITH A DISABILITY
- T-10: UPDATE ON APGs IN THE ARTICLE 28 & ARTICLE 16 CLINIC
- T-13: THE FORGOTTEN YEARS 18-29
- T-17: SCREENING FOR HEALTH RISK ONLINE – Part 2
- T-21: iPad FOR AAC & SPEECH THERAPY – PROFESSIONAL/TECHNICAL
- T-24: NAVIGATING THE MEDICAL CARE OF PEOPLE WITH SPECIAL NEEDS AND DEVELOPMENTAL DISABILITIES – A PANEL DISCUSSION
- T-28: PRESSURE MAPPING FOR PERSONS WITH DISABILITIES
- T-30: PHONOLOGY: DECODING THE UNINTELLIGIBLE CHILD
- T-31: HEALTH HOMES AND THE OPWDD PEOPLE FIRST WAIVER
- T-32: ASSESSING COGNITIVE AND BEHAVIORAL CHANGES IN OLDER ADULTS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES
- T-33: PHYSICAL ACTIVITY AND NUTRITION FOR AGING ADULTS WITH MULTIPLE DISABILITIES

SESSIONS BY TRACK

HUMAN RESOURCES (HR)

- T-11: BOUNDARIES – MORE THAN JUST A LINE
- T-14: HOT TOPICS IN HR FOR 2011/2012
- T-25: MANAGING DIVERSITY IN YOUR “TEAM”
- T-27: BEHAVIOR CONDITIONING AND CHANGE FRAMEWORK
- T-35: INFLUENCING WITH INTEGRITY
- T-37: MOTIVATING FACULTY WITHIN SPECIAL EDUCATION SETTINGS

ORGANIZATIONAL MANAGEMENT/ADMINISTRATION (M)

- T-3: DEVELOPING ORGANIZATIONAL LEADERSHIP – CREATIVE COMPETENCY AND STRATEGY
- T-10: UPDATE ON APGs IN THE ARTICLE 28 & ARTICLE 16 CLINIC
- T-23: THE PEOPLE FIRST WAIVER
- T-27: BEHAVIOR CONDITIONING AND CHANGE FRAMEWORK
- T-34: LIMITED FISCAL REVIEWS: WHAT TO EXPECT
- T-35: INFLUENCING WITH INTEGRITY

PUBLIC RELATIONS AND FUNDRAISING (PR)

- T-8: PUBLIC RELATIONS/DEVELOPMENT ROUNDTABLE SESSION
- T-18: USING SOCIAL MEDIA EFFECTIVELY
- T-19: USING VIDEO AS A THERAPEUTIC ART FORM
- T-36: PLANNED GIVING: GUARANTEED SIMPLE STEPS TO RAISING MONEY

RESIDENTIAL SERVICES (R)

- M-3: QUALITY OF LIFE – STRIKING A BALANCE BETWEEN CHOICE AND RISK
- T-26: ASSURING QUALITY IN RESIDENTIAL SETTINGS

SERVICE COORDINATION (SC)

- M-3: QUALITY OF LIFE – STRIKING A BALANCE BETWEEN CHOICE AND RISK
- T-6: PROCESSING GRIEF – Session #1
- T-11: BOUNDARIES – MORE THAN JUST A LINE
- T-15: MEDICAID SERVICE COORDINATION: WHAT’S NEW, WHAT’S NEXT
- T-16: PROCESSING GRIEF – Session #2
- T-22: THRIVING COUPLES, THRIVING KIDS: PROMOTING HEALTHY RELATIONSHIPS TO IMPROVE THE WELL-BEING OF CHILDREN WITH DISABILITIES AND THEIR FAMILIES
- T-23: THE PEOPLE FIRST WAIVER
- T-24: NAVIGATING THE MEDICAL CARE OF PEOPLE WITH SPECIAL NEEDS AND DEVELOPMENTAL DISABILITIES – A PANEL DISCUSSION

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MONDAY, OCTOBER 24

Registration – begins at 8:00 a.m. **Lobby**

Buffet Lunch – Noon to 1:30 p.m. **City Center**

SPONSORED BY HUMAN SERVICES SELF-INSURANCE TRUST

KEYNOTE ADDRESS

1:30 to 2:45 p.m.

Saratoga
1, 2 & 3

Welcoming Remarks:

Jack M. Weinstein, Esq., Chair, CP of NYS Board of Directors

Introduction:

Idajean Windell, Ed.D., Conference Chair

KEYNOTE SPEAKER:

Geri Jewell, Comedienne, Actress

SPONSORED BY UPSTATE CEREBRAL PALSY

SAME WALK DIFFERENT STREET (Valuing Diversity)



Introduced to millions in 1979 as a teenaged Cousin Geri on the NBC hit comedy “Facts of Life,” comedienne Geri Jewell has risen to become a leading force in disabilities advocacy. She started her acting career as the personal choice of legendary producer Norman Lear for her role in the groundbreaking NBC situation comedy and became the first person with a visible disability to be a regular performer on a national prime-time television show.

Today Jewell is internationally recognized as a powerful motivational speaker and trainer. She has also continued with her acting career. She was selected to be part of the Emmy-winning HBO series “Deadwood,” is a recurring character on “Young and the Restless,” and made her film debut this year in an independent feature shown at the Tribeca and Fort Lauderdale Film Festivals. She has also released an autobiography, “I’m Walking As Straight As I Can: Transcending Disability in Hollywood and Beyond.”

Jewell uses humor and insight to look at how our perceptions are individually based. Her presentation will demonstrate how to be more flexible in valuing all of our differences, and have more self-confidence in a diverse workplace. She reminds us that only through our differences are we ever going to attain sameness. We can feel good and proud of who we are, and still remain unique in the diverse world, as we know it.

[G]

MONDAY, OCTOBER 24

AFTERNOON CONCURRENT SESSIONS

3:00 – 4:30 p.m.

Saratoga **M-1: STATE AGENCY UPDATE**

1 & 2

Presenters: *Courtney Burke*, Commissioner, NYS OPWDD
Valerie Grey, Executive Deputy Commissioner, NY State Education Department
Moderator: *Susan Constantino*, President & CEO, CP of NYS

This session will provide an overview of the priorities in the year ahead for OPWDD and SED and how the state's fiscal crisis will be affecting providers, families and those who receive services.

[G]

Alabama **M-2: COMMUNITY-BASED SPORTS AND PHYSICAL ACTIVITY FOR PEOPLE WITH DISABILITIES**

Presenters: *Alan Bordelon*, Proposal Development Manager, CP of NYS
Ann Cody, Director of Policy and Global Outreach, BlazeSports America
Dan Humphreys, Director, BlazeTEC, BlazeSports America

Moderator: *Duane Schielke*, Executive Vice President, Health Management Projects, CP of NYS

SPONSORED BY CP ASSOCIATION OF THE NORTH COUNTRY

This presentation will feature a community-based program model developed by BlazeSports America to deliver sport, physical activity and healthy lifestyle programs to people with physical disabilities and visual impairment. Participants will learn about BlazeSports America's programs for people with physical disabilities.

CP of NYS has an affiliate relationship with BlazeSports America, and Metro Services was recently awarded a five-year contract from OPWDD to fund a pilot sports program at Edward R. Murrow High School in Brooklyn. Students with physical disabilities will be assigned "work-out buddies" from the mainstream student population and will receive coaching in Paralympic sports. Technical assistance and guidance will be provided by BlazeSports America.

[A, D]

Whitney **M-3: QUALITY OF LIFE – STRIKING A BALANCE BETWEEN CHOICE AND RISK**

Presenter: *Diane Ritters*, Loss Control Specialist, Irwin Siegel Agency

Moderator: *Crystal King*, Administrator Residential Services, CP of NYS Metro Services

SPONSORED BY ABLE2

Historically, individuals with disabilities were rarely given choices over the direction of their lives. All people should be presumed competent of making choices, although some may be limited in their understanding and ability to express their choice. Quality of life is significantly improved when individuals are given opportunities for choice in their daily lives. The challenge is to support them in making choices while exposing them to minimal risk.

[F, R, SC]

AFTERNOON CONCURRENT SESSIONS

3:00 – 4:30 p.m.

Broadway **M-4: SUCCESSFUL STRATEGIES FOR CHALLENGING BEHAVIORS**

1
Presenter: *Lynn Lubecki, Director of Children's Programs, Rochester Childfirst Network*
Moderator: Nancy Glass, Director of Children's Services, Queens Centers for Progress
SPONSORED BY CP ROCHESTER

Join us as we explore behavioral challenges in an integrated classroom. Successes and challenges will be highlighted along with specific conflict resolution techniques and strategies to get to the root of the problem.

[C] CEU

Broadway **M-5: DETERMINING SEXUAL CONSENT CAPACITY OF PEOPLE WITH INTELLECTUAL DISABILITIES**

3
Presenters: *Colleen Carroll-Barbuto, LCSW-R, Supervisor of Social Work Services, Center for Disability Services*
Steve Marcal, Psy.D., Senior Director of Behavioral Services, Center for Disability Services
Stan Segal, Esq., General Counsel, Center for Disability Services
Moderator: Ann LeMark, Board Member, CP of NYS

This workshop will focus on rationale, policies, procedures and tools for determining sexual consent capacity of adults with intellectual disabilities. Every adult is entitled to exercise some form of sexual expression and should be afforded an opportunity to determine if they can attain a level of knowledge and rationality necessary to navigate a voluntary sexual relationship. This presentation will offer an overview of an organizational policy and procedures on establishing sexual consent as well as an assessment tool used to determine a person's abilities in this area. Levels of sexual consent capacity and particular challenges faced will also be discussed with opportunity for questions and brief case discussion.

[A]

Highrock **M-6: ESTABLISHING A CONSUMER ADVISORY COUNCIL AT YOUR ORGANIZATION**

Presenters: *Kathleen Archibald, Co-Vice President, Executive Council of the Self-Advocacy Association of UCP of NYC*
Jacqueline Harrison, Director, Adult Day Services, UCP of NYC
Ernest Walker, President, Executive Council of the Self-Advocacy Association of UCP of NYC

Moderator: Amy Bittinger, Director of Operations, Family Support Services Dept., UCP of NYC

The mission of the Consumer Advisory Council of United Cerebral Palsy of New York City is to give consumers a medium where they can voice their concerns and opinions and share ideas about the services received from UCP of NYC. Consumers meet regularly in a closed meeting with the administration of their programs to give feedback on the services being delivered. Through this forum, there has been increased satisfaction with program services. The Council also discusses industry changes that might have an impact on services and focuses on creating a sense of unity and joint effort among themselves and the organization.

[A, F]

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MONDAY, OCTOBER 24

MONDAY EVENING EVENTS

AWARDS DINNER RECEPTION

5:00 p.m. Gallery

CP OF NYS ANNUAL AWARDS BANQUET

6:30 p.m. City Center

SPONSORED BY IRWIN SIEGEL AGENCY

Congratulations to the 2011 CP of NYS Annual Awards Winners

* * * * *

Frank Seiler (*CP Rochester*) ANTHONY J. KOENIG VOLUNTEER OF THE YEAR AWARD

Panera Bread – Clifton Park & Wolf Road (*Center for Disability Services*).....EMPLOYER OF THE YEAR AWARD

The Honorable Micah Kellner (*New York State Assembly*)..... LEGISLATOR OF THE YEAR AWARD

Judy Meier (*Mount Vernon/Yonkers Lodge #707*).....ELKS AWARD

Rich Becker – FOX 23 News (*Center for Disability Services*)..... COMMUNITY SERVICE AWARD

Jim Williams (*CP of the North Country*)..... ROBERT SCHONHORN STAFF MEMBER OF THE YEAR AWARD

Robin Gray (*UCP of NYC*)..... VISIONS OF NEW YORK ART CONTEST WINNER

Mariette Knott (*UCP of NYC*) AFFILIATE LEADERSHIP AWARD

Positive Supports for People (*Upstate Cerebral Palsy*)..... PROGRAM INNOVATION AWARD

Thomas Mandelkow (*CP of NYS*)..... DANIEL WIEDER EXECUTIVE LEADERSHIP AWARD

James Kelly (*Inspire*)..... AL FELMET ACHIEVEMENT AWARD

TUESDAY, OCTOBER 25

REGISTRATION – Begins at 8:00 a.m..... Lobby
CONTINENTAL BREAKFAST – 7:30 to 9:00 a.m. City Center
EXHIBITS – Open 8:00 a.m. to 4:30 p.m..... Pavilion

MORNING CONCURRENT SESSIONS

9:00 a.m. to 12:00 p.m.

Alabama T-1: CONSERVE TO PRESERVE – LESSONS FROM AGING WITH A DISABILITY

Presenter: Jean Minkel, PT, Consultant, Minkel Consulting

Moderator: Jerry Staller, Division Director, Education & Clinic Services, Jawonio

SPONSORED BY ASPIRE OF WNY

This workshop will look at the evidence being collected which shows – “use it or lose it” – contributes to “wearing out” as persons with a disability are aging. The workshop will look at equipment selection, equipment set-up and clinical practice guidelines which should be used to help all children and adults Conserve to Preserve.

[AT, HC] CEU

Travers T-2: IPAD FOR LEARNING & COMMUNICATIONS – INTRO/OVERVIEW

Presenter: Tammy Taylor, Speech-Language Pathologist, Speech Language Pathology Center

Moderator: Nancy Seller, Vice President, Early Childhood Services, Upstate Cerebral Palsy

SPONSORED BY THE CENTER FOR DISCOVERY

This workshop will give an overview with demonstrations of how to utilize iOS devices (i.e., iPad/iTouch/Droid) with people ranging from 24 months to adulthood who present with communication disorders. This session is geared for parents, caregivers, classroom teachers and direct support professionals who may not have background in augmentative alternative communication (AAC).

[AT, C] CEU

Highrock T-3: DEVELOPING ORGANIZATIONAL LEADERSHIP – CREATIVE COMPETENCY AND STRATEGY

Presenter: Dr. Dana Hart, Director Leadership Institute, Utica College

Moderator: Lynn Lakner, Training Coordinator, CP of NYS

SPONSORED BY UPSTATE CEREBRAL PALSY

Challenges in Leadership Development often stifle opportunities we have for reframing ourselves and others of innovative techniques to build competency in a dynamic changing world. A system of Leadership competencies proposed by Lominger has been further developed by the Leadership Institute as a creative assessment/development tool for educating prospective managers and leaders. Dr. Hart will review the approach and offer an interactive process to discover how leaders can use the “quotients” to their advantage.

[G, M]

TUESDAY, OCTOBER 25

MORNING CONCURRENT SESSIONS

9:00 to 10:15 a.m.

Broadway 2 **T-4: TOUCHING BASES: COMPETITIVE, ADAPTIVE SOFTBALL FOR ADULTS**

Presenters: *Laura Beth Malkowski, Coordinator of Day Services, Aspire of WNY*
Robyn Repman, Resource Facilitator, Aspire of WNY

Moderator: Ernest Southworth, Board Member, CP of NYS

When adults being supported by five WNY Human Services agencies showed interest in playing competitive softball, Touching Bases of WNY was created. Aspire of WNY has supported staff and volunteers who helped to develop and run this league of competitive softball players, with varying degrees of abilities and support needs. Two of the founders and board members/coaches of the league will share their experiences from the creation of the Board of Directors, Bylaws & League Rules to finding volunteers, creating teams and funding. In addition, they will share the keys to creating sportsmanship expectations and good will in a competitive sports league.

[A]

Saratoga 3 **T-5: SCREENING FOR HEALTH RISK ONLINE – Part 1**

Presenters: *Karen Green McGowan, Consultant, Health Risk Screening, Inc.*
Erin Mathews, Director of Clinical Support, Health Risk Screening, Inc.

Moderator: Ellen Naidus, Director, Clinical, UCPA of Nassau County

SPONSORED BY CENTER FOR DISABILITY SERVICES

This two-part session highlights an objective measurement tool used by other states to gauge medical fragility of people with various disabilities and chronic health conditions. This session will offer insight to assessing the relative health risks and related needs of people who will be covered under the proposed 1115 waiver. This instrument, HRSTonline, is a web-based instrument designed to identify those conditions and individual characteristics that can place a person at high risk for early death or for developing more intense health issues. This tool was developed to protect vulnerable persons with DD who were moving into less restrictive settings. The tool has since been used statewide in Georgia, enabling them to move from last place on the waiver for health and safety to exemplary status a year after implementation.

This session will help attendees understand: how health screening prevents death and other health complications; the importance of monitoring health care practices; how to compare health status over time; uses of this tool for program observation and medical fragility determinations.

[HC] CEU/CME

Broadway 4 **T-6: PROCESSING GRIEF – Session #1**

Presenter: *Eileen Leary-Kelly, Ph.D., Owner/Director, New Insights, Inc.*

Moderator: Andrew Koenig, Board Member, CP of NYS

SPONSORED BY NIAGARA CEREBRAL PALSY

Eileen Leary-Kelly, Ph.D is a counselor that specializes in loss, grief and psychological trauma. In these sessions, Dr. Leary will focus on the grief process and how people with disabilities, their families and staff work through loss. The loss might be lost mobility, independence, freedom, dreams, a loved one or other loss.

[F, SC]

TUESDAY, OCTOBER 25

MORNING CONCURRENT SESSIONS

9:00 to 10:15 a.m.

Saratoga **T-7: EFFECTIVE COMPLIANCE PROGRAMS**

2

Presenters: *Stephanie Kohli, Investigator 3, Office of the Medicaid Inspector General*
Maureen O'Neil, Health Care Surveyor 2, Office of the Medicaid Inspector General
Moderator: *James Weaver, Vice President, School-Age Programs, Upstate Cerebral Palsy*

New York State's mandatory Provider Compliance Programs require Compliance Programs to be "effective" and the New York State Office of the Medicaid Inspector General (OMIG) is responsible for determining if Compliance Programs are effective. The OMIG has begun conducting compliance reviews of providers. The session will discuss OMIG's expectations for an effective compliance program and discuss the review process.

[CC]

Whitney **T-8: PUBLIC RELATIONS/DEVELOPMENT ROUNDTABLE SESSION**

Moderators: *Joe Ponzi, Director of Community Relations, Able2*
Carol Tytler, Communications & Outreach Director, Enable

This discussion will focus on marketing, branding and public relations strategic planning. The panel discussion will include a brief summary of the experience of two Affiliates who have recently completed reviews of their branding, communications and development/fundraising plans and the lessons learned during that process. The discussion will continue as staff from other Affiliates discuss Board and Executive Director expectations and participation in the process, Board development, best practices and new tools in fundraising and message development and dissemination.

[PR]

Broadway **T-9: FEDERAL UPDATE**

1

Presenter: *Theresa Morgan, Legislative Director, Powers Pyles Sutter & Verville, PC*
Moderator: *Terri Ross, Director of Adult Services, Queens Centers for Progress*

Ms. Morgan will provide us with an up-to-the-minute, insider's view of the politics and policy makers in Washington, D.C. She will provide us with a national overview of the Affordable Care Act/Federal Healthcare Reform implementation and its effect on individuals with disabilities, their families and providers; the latest from the Congressional budget "Super Committee" and the impact its decisions may have on entitlement programs such as Medicaid, Medicare and Social Security; as well as other news from Washington, D.C.

[G]

TUESDAY, OCTOBER 25

MORNING CONCURRENT SESSIONS

9:00 to 10:15 a.m.

Saratoga 1 T-10: UPDATE ON APGs IN THE ARTICLE 28 & ARTICLE 16 CLINIC

Presenters: *Donna Cater, Director, Bureau of Cost & Revenue Solutions, NYS OPWDD*
Alan Maughan, Bureau Director, Strategic Planning & Data Analysis, NYS DOH
Moderator: *Terrie Meyn, Associate Executive Director, Happiness House*

This session will highlight the recent implementation of APGs in Article 16 clinics as well as provide the latest information on APGs in both Article 28 and Article 16 clinics.
[F\$, HC, M] *CME*

Broadway 3 T-11: BOUNDARIES – MORE THAN JUST A LINE

Presenters: *Colleen Carroll-Barbuto, LCSW-R, Supervisor of Social Work Services, Center for Disability Services*
Susan Wildemann, LCSW-R, Manager of Clinical Services, Center for Disability Services
Moderator: *Donna Lamkin, Chief Program Officer, Center for Disability Services*

Whether providing direct or non-direct support to individuals served, it is essential that employees are aware of appropriate workplace boundaries. This includes understanding the nature of the service provider–service recipient relationship and striving to develop and maintain supportive and professional relationship boundaries. Is it appropriate to share personal information with a consumer? What do you do if an individual served wants to hug you? How do you know if you have invaded a person’s personal space? These are difficult questions that do not come with easy answers. This training was developed to convey the importance of using good boundaries in the workplace and to provide information on how to identify and maintain physical, emotional and social boundaries.
[DS, HR, SC]

BREAK – 10:15 to 10:45 a.m.

TUESDAY, OCTOBER 25

MORNING CONCURRENT SESSIONS

10:45 a.m. to 12:00 p.m.

- Saratoga 1 T-12: NEW VISIONS FOR THE COMMISSION ON QUALITY OF CARE**
Presenter: Roger Bearden, Chair, NYS Commission on Quality of Care for Persons with Disabilities
Moderator: Stephanie Russo, Associate Executive Director, Cerebral Palsy of Westchester
- Roger Bearden, Chair of the Commission on Quality of Care and Advocacy for Persons with Disabilities, shares the changes and reorganization being made to strengthen the Commission's role as the state's independent watchdog over services and programs provided to people with disabilities.
[G]
- Broadway 2 T-13: THE FORGOTTEN YEARS 18-29**
Presenter: Joseph Dutkowsky, M.D., Orthopedic Surgeon, Bassett Healthcare
Moderator: Robert DiFrancesco, Board Member, CP of NYS
- The classic image of cerebral palsy in the mind of most people is one of a child with braces, crutches or a wheelchair. With the number of intelligent and productive adults with CP in our communities that image is changing. One necessary focus of this and other organizations has been on the needs of adults with CP. However, the age group of 18-29 years has recently been identified as a group with needs which are critical to address for the successful transition from childhood to adulthood. These will be explored and discussed in this course.
[HC] CEU/CME
- Broadway 3 T-14: HOT TOPICS IN HR FOR 2011/2012**
Presenter: Michael R. Hekle, Esq., Partner, Jackson Lewis LLP
Moderator: Loretta Kuhland, Deputy Executive Director, Human Resources, Center for Disability Services
- SPONSORED BY CENTER FOR DISABILITY SERVICES
- This session will discuss hot topics in Human Resources from the administrative, legislative and judicial perspectives. The session will include a review of significant federal and state compliance requirements and general workplace law considerations, along with a discussion on Human Resources issues on the horizon for 2012.
[HR]
- Saratoga 2 T-15: MEDICAID SERVICE COORDINATION: WHAT'S NEW, WHAT'S NEXT**
Presenter: Eric Pasternak, Statewide Coordinator of Medicaid Service Coordination, NYS OPWDD
Moderator: Joanne Maviglia, Vice President, Health Care Centers, CP of NYS Metro Services
- This session will provide the audience with the latest news in MSC including the CHOICES electronic record project, the 1115 Waiver, and what the future may have in store for MSC. This comprehensive overview of MSC services is critical information for MSCs.
[SC]

TUESDAY, OCTOBER 25

MORNING CONCURRENT SESSIONS

10:45 a.m. to 12:00 p.m.

Broadway

4

T-16: PROCESSING GRIEF – *Session #2*

Presenter: *Eileen Leary-Kelly, Ph.D., Owner/Director, New Insights, Inc.*

Moderator: Thomas Caserta, Esq., Board Member, CP of NYS

SPONSORED BY FRANZISKA RACKER CENTERS

Eileen Leary-Kelly, Ph.D is a counselor that specializes in loss, grief and psychological trauma. In this second session, Dr. Leary will continue her discussion of the grief process and how people with disabilities, their families and staff work through loss. The loss might be lost mobility, independence, freedom, dreams, a loved one or other loss.

[F, SC]

Saratoga

3

T-17: SCREENING FOR HEALTH RISK ONLINE – *Part 2*

Presenters: *Karen Green McGowan, Consultant, Health Risk Screening, Inc.*

Erin Mathews, Director of Clinical Support, Health Risk Screening Inc.

Moderator: Cheryl Smith, Residential Director, HCA of Southern NY

SPONSORED BY CENTER FOR DISABILITY SERVICES

This two-part session highlights an objective measurement tool used by other states to capture medical fragility of people with various disabilities and chronic health conditions. At a time when NYS is contemplating an 1115 waiver, this session will offer insight to assessing the relative health risks and related needs of people who will be covered under the waiver. This instrument, HRSTonline, is a web-based instrument designed to identify those conditions and individual characteristics that can place a person at high risk for early death or for developing more intense health issues. This tool was developed to protect vulnerable persons with DD who were moving into less restrictive settings. The tool has since been used statewide in Georgia, enabling them to move from last place on the waiver for health and safety to exemplary status a year after implementation.

This session will help attendees understand: how health screening prevents death and other health complications; the importance of monitoring health care practices; how to compare health status over time; uses of this tool for program observation and medical fragility determinations.

[HC] CEU/CME

Whitney

T-18: USING SOCIAL MEDIA EFFECTIVELY

Presenter: *Matthew Maguire, Senior Counselor, Public Relations/Public Affairs, Eric Mower and Associates*

Moderator: Anne Costigan, Deputy Executive Director of Foundation, Center for Disability Services

SPONSORED BY INSPIRE

The presenter will review the basics of social media – what they are and how they work – to outline specific ideas on how to apply social media in strategic communications/public relations/media relations and fundraising.

[PR]

TUESDAY, OCTOBER 25

MORNING CONCURRENT SESSIONS

10:45 a.m. to 12:00 p.m.

Broadway

1

T-19: USING VIDEO AS A THERAPEUTIC ART FORM

Presenter: Jeffrey Howard, Day Services Specialist, Queens Centers for Progress

Moderator: Laura Gawel, Director of Day Services, Aspire of WNY

The objective of this workshop is to teach direct care providers how to create videos with their consumers. Instruction will be given on how to shoot video footage using digital cameras and edit using programs such as Windows Movie Maker and Adobe Premiere. Various production formats will be discussed such as interviews, documentation of activities, exploration of interesting locations, dance video. Instruction will be given on various editing techniques including importing footage, trimming clips, transitions, adding music and narration, special effects, and titles. Videos produced with the consumers will be shown to demonstrate various styles and techniques. The response of the consumers to the process of making the videos and later viewing themselves will be discussed.

[A, D, DS, PR]

Noon to 1:30 p.m.

LUNCH

Lunch will be served in the Saratoga City Center, adjacent to the Gallery area of the hotel lobby.

VISIONS OF NEW YORK ART EXHIBITION

Stop by the Gallery and view artwork created by people with disabilities representing CP of NYS Affiliates.

VENDORS

Don't forget to visit the exhibitor displays in the Pavilion area during lunch and between sessions on Tuesday.

TUESDAY, OCTOBER 25

AFTERNOON CONCURRENT SESSIONS

1:30 to 4:30 p.m.

Broadway 4 T-20: TECHNOLOGY MEETS SYSTEMS CHANGE: EVOLUTION OF THE NYS PARTNERS IN POLICYMAKING PROGRAM

Presenters: *Jeffrey D. Trondsen, Programmer/Analyst, Employment and Disability Institute of Cornell University*

Mike Ward, Media Specialist, Employment and Disability Institute of Cornell University

Jackie Yingling, NYS Partners in Policymaking Training Coordinator, The Advocacy Center of Rochester

Moderator: *Virginia Zelhof, Director of Training & Evaluation, CP of NYS Metro Services*

SPONSORED BY CP ROCHESTER

Since 1987, Partners in Policymaking has helped to train people with developmental disabilities and their families to be more effective advocates. The challenges and successes of implementing a web-based learning platform within this long-standing, well-respected national training program will be examined in this workshop. An overview of how content and activities were updated to reflect new developments in the field, and adaptation of the curriculum to take advantage of the capabilities and opportunities provided in a web-based format will be discussed. The presentation also includes sample training modules and the process of choosing a web-based platform for instruction to meet the needs of the participants as well as providing methods of accessing learning material to accommodate personal schedules and accessibility requirements.

[A, F]

Travers T-21: IPAD FOR AAC & SPEECH THERAPY – PROFESSIONAL/TECHNICAL

Presenter: *Tammy Taylor, Speech-Language Pathologist, Speech Language Pathology Center*

Moderator: *Nancy Glass, Director of Children's Services, Queens Centers for Progress*

SPONSORED BY THE CENTER FOR DISCOVERY

Strategies will be provided to assess augmentative and alternative communication and implement iOS devices for treatment and diagnosis of speech and language. Discussion will also focus on appropriate modeling and carry-over for school/program and home. This advanced session is geared for clinical and special education staff familiar with general AAC techniques and applications.

[AT, HC] CEU

TUESDAY, OCTOBER 25

AFTERNOON CONCURRENT SESSIONS

1:30 to 4:30 p.m.

Broadway **T-22: THRIVING COUPLES, THRIVING KIDS: PROMOTING HEALTHY RELATIONSHIPS TO IMPROVE THE WELL-BEING OF CHILDREN WITH DISABILITIES AND THEIR FAMILIES**

2

Presenter: *Keith Alford, Ph.D., Baccalaureate Director/Associate Professor, Syracuse University School of Social Work*

Moderator: *Jacqueline Rumolo, Director of Community Affairs & Support Services, CP of NYS Metro Services*

SPONSORED BY ENABLE

There are a myriad of issues that couples and families face when caring for a child with disabilities. This session will cover these issues through addressing four learning objectives posed in the form of questions:

- 1) What are some of the unique challenges facing parents who have a child with a disability?
- 2) How is interaction with families different depending on available resources, ethnicity, gender, etc.?
- 3) How can school and agency staff manage and address boundaries when interfacing with couples and other family members?
- 4) How can staff identify potential family issues and reach out when parents may be reluctant to share?

[F, SC]

1:30 to 2:45 p.m.

Saratoga **T-23: THE PEOPLE FIRST WAIVER**

1

Presenters: *Kate Marlay, Director, 1115 Implementation Unit, NYS OPWDD*
Maryellen Moeser, 1115 Implementation Unit, NYS OPWDD

Moderator: *Linda Laul, Associate Executive Director, UCP of NYC*

The Office for People with Developmental Disabilities and the Department of Health have embarked on a year-long application process with the federal Centers for Medicare and Medicaid Services (CMS) to establish The People First Waiver. Join with OPWDD staff working on waiver implementation to discuss where the process is, and the next steps.

[A, G, M, SC]

AFTERNOON CONCURRENT SESSIONS

1:30 to 2:45 p.m.

Saratoga 3 **T-24: NAVIGATING THE MEDICAL CARE OF PEOPLE WITH SPECIAL NEEDS AND DEVELOPMENTAL DISABILITIES – A PANEL DISCUSSION**

Presenters: *Dr. Regina Olasin, Medical Director, The Center for Discovery*
Dr. Vincent Siasoco, Medical Director, UCP of NYC
Dr. Patricia Tan, Medical Director, UCP of Suffolk
Moderator: *Kathy Kelly, Assistant Medical Director, UCP of NYC*

This session will consist of a panel of three primary care physicians (PCPs) discussing a medically complex patient case. The three panelists will discuss the patient case. The three panelists will discuss the patient's medical issues and how as the PCP they manage, treat, educate, coordinate and refer to specialists. Audience participation will be involved to get input from other specialists on how they would approach specific challenges on their end (non-compliance, lack of specialty care, poor social support, MSC support, etc.).
[HC, SC] CEU/CME

Broadway 3 **T-25: MANAGING DIVERSITY IN YOUR "TEAM"**

Presenters: *Melissa Griffin, IRA Manager, Niagara Cerebral Palsy*
Scott Page, Training Coordinator, Niagara Cerebral Palsy
Moderator: *Loretta Kuhland, Deputy Executive Director, Human Resources, Center for Disability Services*

Diversity is the variety of experiences and perspectives which arise from differences in race, culture, religion, mental or physical abilities, age, gender, sexual orientation, and other characteristics. Learn the importance of diversity and understand how these dimensions affect performance, motivation, success and interactions with others. Workplace diversity can provide tremendous benefits in terms of improved morale, outside-the-box thinking, greater teamwork, and an atmosphere of mutual understanding and respect for all. Key points of the workshop will include: guiding principles; how well do you manage diversity; your role in managing diversity; and consequences of ignoring diversity.
[HR]

Broadway 1 **T-26: ASSURING QUALITY IN RESIDENTIAL SETTINGS**

Presenter: *Thomas Curnow, Ed.D., Senior Vice President, Workforce Engagement & Organization Performances, Upstate Cerebral Palsy*
Moderator: *Susan Hornbeck, Vice President, Regulatory Affairs & Policy Development, CP of NYS*

This session will focus on approaches to monitor, assess and improve services. Discussion will include key indicators that "drive" quality, understanding the quality continuum from quality assurance to performance improvement. Examples of quality approaches and tools will be presented.
[CC, R]

TUESDAY, OCTOBER 25

AFTERNOON CONCURRENT SESSIONS

1:30 to 2:45 p.m.

Highrock **T-27: BEHAVIOR CONDITIONING AND CHANGE FRAMEWORK**

Presenter: *Dr. Dana Hart, Director Leadership Institute, Utica College*

Moderator: *Claire Greer, Vice President of Quality Management, CP of NYS Metro Services*

SPONSORED BY UCPA OF NASSAU COUNTY

Last year a small research team led by Dr. Dana Hart analyzed 162 research articles from 27 psychological journals on behavior change. The team has developed a model that encompasses the underlying factors that play a role in one's behavior. The result is an experimental design that can support discovery of the imprinting and cognitive thought patterns uncovering why behavior change strategies work and do not work. The session will introduce the model and explore inquiry techniques leaders can use to explore their own behaviors and those of others.

[HR, M]

Saratoga **T-28: PRESSURE MAPPING FOR PERSONS WITH DISABILITIES**

2

Presenters: *Elizabeth Keating, Physical Therapist, Center for Disability Services*

Kimberly Silvernail Keane, Physical Therapist, Center for Disability Services

Moderator: *Tom Gillespie, Chief of Administration, Residential Services, Center for Disability Services*

This session will show how the use of technology can be combined with clinical practice to benefit people in wheelchairs. This presentation will increase the participant's knowledge of how to use pressure mapping systems as a diagnostic tool and in what clinical situations patients might benefit from the use of the pressure mapping through the use of lecture, case studies and hands-on trial of a system. Participants will leave with a better understanding of pressure mapping technology and resources for clinical use.

[AT, HC] CEU

Whitney **T-29: THE OUTDOOR CLASSROOM**

Presenters: *Sue Fisher, Special Education Teacher, CP Rochester*

Jeannie Nutting, Volunteer Artist and Craftsman, CP Rochester

Moderator: *Janet Dreitlein, Director of Accessible Home Renovations & Service Initiatives, CP Rochester*

Remember our childhood, when our parents sent us "out to play" for the day, in all weather conditions? Times and circumstances have changed, and children are not given as many opportunities to play in nature, in an unstructured way not orchestrated by playground equipment. Children with special needs and urban children especially miss out on outdoor play. At the CP Rochester preschool we embarked on a project to build an outdoor playspace that we call our "Outdoor Classroom," so that children could spend time enjoying grass, trees, flowers and fresh air. We will discuss the planning and execution of this project and how we have utilized the space to enhance our preschool program.

[C] CEU

Real people. Realizing potential.
TUESDAY, OCTOBER 25

AFTERNOON CONCURRENT SESSIONS

1:30 to 2:45 p.m.

Alabama T-30: PHONOLOGY: DECODING THE UNINTELLIGIBLE CHILD

Presenter: *Kevin Flanagan, Speech-Language Pathologist, CP Ulster*

Moderator: *Jeanne Herbert, Senior Vice President, Inspire*

This session is for teachers, parents, teacher's aides, and other caregivers and professionals who work with young children. Young children often have difficulties with their speech being understood by adults, caregivers and even peers. This session will show participants why children make common speech errors. Information about language and phonological development (i.e., the development of speech skills and sounds) in children, basic anatomy of the speech mechanism, speech sound classifications, and the common phonological processes (i.e., errors that occur often in speech development) will be given. Examples of phonological errors and how to "translate" them more readily will be given. Classroom strategies for increasing phonemic awareness and helping improve a child's phonological skills will be provided.

[C, HC] CEU

BREAK – 2:45 to 3:15 p.m.

MARK YOUR CALENDAR!

**The CP of NYS
2012 Annual Conference**

October 22 - 24, 2012

Saratoga Hilton Hotel

TUESDAY, OCTOBER 25

AFTERNOON CONCURRENT SESSIONS

3:15 to 4:30 p.m.

Saratoga **T-31: HEALTH HOMES AND THE OPWDD PEOPLE FIRST WAIVER**

1

Presenters: *Kate Marlay, Director, 1115 Waiver Implementation Unit, NYS OPWDD*
Maryellen Moeser, 1115 Waiver Implementation Unit, NYS OPWDD
Lauren Tobias, Assistant Director, Office of Health Insurance Programs, NYS DOH

Moderator: *Lori Kearsing, Deputy Executive Director, Health Services, Center for Disability Services*

This session will provide insights to expected implementation of the health home concept for people with developmental disabilities. Speakers will relate the Department of Health's current thinking on this process and explain how OPWDD has considered the implications of a health home model in their preparations for changes in the service delivery system under an 1115 Medicaid waiver.

[F\$, HC] CME

Saratoga **T-32: ASSESSING COGNITIVE AND BEHAVIORAL CHANGES IN OLDER ADULTS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES**

3

Presenter: *Dr. James Acquilano, NYS Licensed Psychologist, NYS Office of Mental Health Private Practitioner*

Moderator: *Marvin Reed, Board Member, CP of NYS*

The presentation will discuss the process of performing differential diagnosis of reported changes in function as a means of determining appropriate interventions. Participants will receive information pertaining to various assessment instruments developed specifically for individuals with intellectual or developmental disabilities. The complexity of differential diagnosis will be discussed, as well as best practices and the current direction in providing services to people with dementia.

[HC] CEU/CME

Broadway **T-33: PHYSICAL ACTIVITY AND NUTRITION FOR AGING ADULTS WITH MULTIPLE DISABILITIES**

3

Presenters: *Jennifer Franck, Director of Nutrition & Food Services, The Center for Discovery*
Nicole Kinney, Director of Physical Therapy, The Center for Discovery
Alyce Sherwood, Assistant Chief of Residential Services, The Center for Discovery

Moderator: *Mariette Knott, Assistant Executive Director, UCP of NYC*

This presentation will focus on the results of a pilot study that examined the application of the National Center on Physical Activity and Disability (NCPAD) program with fourteen adults aging with multiple disabilities. The impact of physical activity and whole-foods based nutrition was explored over a three month period. Psycho-physiological measures were implemented to document progress. Project set-up, procedures, results and implications will be discussed.

[A, HC] CEU/CME

TUESDAY, OCTOBER 25

AFTERNOON CONCURRENT SESSIONS

3:15 to 4:30 p.m.

Broadway T-34: LIMITED FISCAL REVIEWS: WHAT TO EXPECT

1 **Presenters:** *Mohan Iyer, Director, Bureau of Compliance Management, NYS OPWDD*
Mark Rabinow, Program Manager, Bureau of Compliance Management, NYS OPWDD
Moderator: *Janine Klein, Chief Financial Officer, UCP Suffolk*

This session will provide an overview of Limited Fiscal Reviews conducted by OPWDD. Specific information will include what areas are reviewed and how they are scored. There will also be discussion on the final reports.

[CC, F\$, M]

Highrock T-35: INFLUENCING WITH INTEGRITY

Presenter: *Dr. Dana Hart, Director Leadership Institute, Utica College*
Moderator: *Rosemary Lorello, Deputy Executive Director of Residential Services, Center for Disability Services*

As every social act we engage in has an influence on others, a look at the mental process of how we communicate can enhance our skill in creating exceptional experiences. This session will focus on management techniques in addressing the stages of engagement including: powering up, rapport building, setting and understanding outcomes, joint outcome analysis and resolution strategies. The influencing model is adapted from work and training from Milton Erickson, known as the “father of hypnosis.”

[HR, M]

Alabama T-36: PLANNED GIVING: GUARANTEED SIMPLE STEPS TO RAISING MONEY

Presenters: *Charles Evdos, Director of Development, UCPA of Nassau County*
Viken Mikaelian, President, Virtual Giving
Moderator: *Joe Ponzi, Director of Community Relations, Able2*

This course will offer an intermediate level of marketing, tools and material to have a successful campaign. It takes practical ideas and teaches you how to avoid killer mistakes.

[PR]

TUESDAY, OCTOBER 25

AFTERNOON CONCURRENT SESSIONS

3:15 to 4:30 p.m.

Whitney T-37: MOTIVATING FACULTY WITHIN SPECIAL EDUCATION SETTINGS

Presenters: *Diane Berger, Principal, Children's Learning Center, UCPA of Nassau County*
Laurie Diaz, Special Educator, Children's Learning Center, UCPA of Nassau County

Moderator: *Karen Geller-Hittleman, Assistant Executive Director, UCPA of Nassau County*

Despite starting the school year with high expectations and energy, often times in a special education setting, faculty lose some of their motivation as the year progresses. This session will present motivation theories, discuss results of a motivation survey, and share effective motivation strategies. By the conclusion of this presentation, participants will have the knowledge base and some strategies that can be used to enhance the motivation of faculty in their own schools. The presentation will conclude with an open discussion involving participants who will be asked to share how faculty motivation is being addressed in their own setting.

[C, HR]

TUESDAY EVENING EVENTS

PRESIDENT'S RECEPTION

5:00 p.m. City Center

CELEBRATE STAFF DINNER

6:30 p.m. City Center

SPONSORED BY NU CONCEPT FOOD SERVICES

THE FRANKLIN MICARE DUO

9:30 p.m. Saratoga Hilton's Union Grille

Real people. Realizing potential.

WEDNESDAY, OCTOBER 26

Continental Breakfast – begins at 8:00 a.m.

SPECIAL CLOSING PLENARY

Saratoga 1 & 2

9:00 to 10:00 a.m.

FILM AS A “BULLY PULPIT”

Alexander Freeman, Filmmaker

Alexander Freeman, an award-winning filmmaker, writes, produces, directs and edits various films including dramas and documentaries. He will show clips from his most recent films and discuss his work and the challenges he faces as a filmmaker and student with a disability. He was one of only three people to be selected internationally for the VSA 2010 AFI-Discovery Channel SILVER-DOCS Apprenticeship program for his work as co-writer, co-producer, co-director and editor of “I Care: A Documentary About Independent Living.” In 2008, Freeman made his directorial debut, an adaptation of the poem “The Raven” by Edgar Allen Poe, starring Paul Horn (Gone Baby Gone). He is also the screenwriter, co-producer, director and editor of a new documentary “The Last Taboo.” The film explores the lives of people with various disabilities and their stories on intimacy, and examines the need for human touch and why sexuality and disability are considered taboo in our society. His latest film “Meet Annabelle” has been entered into the 2012 Picture This Film Festival. Freeman is the founder of OUTCAST PRODUCTIONS, an independent production company dedicated to creating and distributing quality films encouraging new perspectives on the lives of people with disabilities and minority groups. Freeman is currently enrolled at Emerson College where he studies directing.



[G]

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